

Sport Coaching: Inclusive Skating

Coaching Mentor Log Records

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| Name – |
| Date –  |
| Mentor –  |
| Location |
| Session (Delete as appropriate) – Individual / Group |
| Participants Age  |
| Participant Additional Needs  |
| Participants Ability |
| Session Plan  |
| Session Plan’s relationship to the annual training plan |
| What skills did you plan to teach during this session  |
| What pedagogical tools do you plan to use? |
| What coaching styles, communication skills and pedagogical tools did you use during this session? |
| How did you check for understanding and meet Participant Additional Needs?  |
| Did you make any adjustments to respond to participant need’s |
| Give an example of what worked well and how you helped a learner/learners within this session:  |
| How could you ensure continuity to the next session for these participants, and adjust the training plan for the participants |
| Give a brief evaluation of this session: i.e. How well did it run/ What did you learn/ What went wrong/right/ How would you deal differently with similar situations in the future?  |
| Feedback from Skaters, Team Members and Mentor  |
| SignatureDateMentor |
| SignatureDateTrainee coach |
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