**COACHING IN YOUR ENVIRONMENT: My Club/School/Community Group – How child proof are we?**

This task is designed to help you think about how well your club/school/community group structure and policies support children’s needs and wants (Adapted from Sport Ireland Coaching Factsheet 1).

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| **Theme/Item – iCK Pledge: 10 Golden Rules** |  |  |  | **We will continue to…** | **We will start to…** | **We will stop…** |
| 1. **Be CHILD-CENTRED**
 |  |  |  |  |  |  |
| 1. **Be HOLISTIC**
 |  |  |  |  |  |  |
| 1. **Be INCLUSIVE**
 |  |  |  |  |  |  |
| 1. **Make it FUN and SAFE**
 |  |  |  |  |  |  |
| 1. **Prioritise the LOVE for sport above LEARNING sport**
 |  |  |  |  |  |  |
| 1. **Focus on FOUNDATIONAL skills**
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| 1. **Engage PARENTS positively**
 |  |  |  |  |  |  |
| 1. **Plan PROGRESSIVE programmes**
 |  |  |  |  |  |  |
| 1. **Use different methods to ENHANCE LEARNING**
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| 1. **Use COMPETITION in a developmental way**
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