







Free skating programme				Level: 1 BHF				
Competition:	Inclusive Skating World Championships - London 2024			Paralympic Class:	Physical			
Skater:	Aya al Rawi	Sex:	Lady	Facilitation:	Facilitated			
Age January 1st:	13	Age category:	Advanced-Novice	Support needed:	On-ice			
Club:		Country:	England, UK	Element order Nbr. Elements: 4	Element Called (Y)	Grade of Execution	Mark awarded	
Elements Permitted				IJS Base	Technical			
				For Official Use Only		For Official Use Only		
Level 1 BHF				Skater to fill in				
Forward march or stroking (5 metres)	0.3	0.1			2.5	0.250		
Backward wiggle or march (5 metres)	0.3	0.1				0.000		
Forward two-foot glide (length of body)	0.3	0.1			2.75	0.275		
Backward two-foot glide (length of body)	0.3	0.1				0.000		
Forward gliding dip (length of body)	0.3	0.1			3.1	0.310		
Backward gliding dip (length of body)	0.3	0.1				0.000		
One foot forward snowplow stop (L or R)	0.3	0.1				0.000		
				Number of elements called:		0		
Total Technical Elements				Total judges score for elements		0.835		
				Factor	WPI	WPI incl age		
Impairment Compensation (1,25 x WPI)				1.25	77.50%	77.50%	0.969	
Technical Skating Skills (Factor x Score)				0.5			0.4 0.200	
Artistic performance & Execution (Factor x Score)				0.5			0.9 0.450	
Deductions							0.00	
Total Score for Performance						2.45		
Programme duration (min): 1				Time Adjusted Championship World Ranking Score		2.45		


Free skating programme				Level: 2 BHF			
Competition:		Inclusive Skating World Championships - London 2024					
Skater:	Rebecca Long	Sex:	Lady	Paralympic Class:	Physical		
Age January 1st:	23	Age category:	Senior	Facilitation:	Facilitated		
Club:		Country:	England, UK	Support needed:	On-ice		
Elements Permitted		IJS Base	Technical	Element order Nbr. Elements: 5	Element Called (Y)	Grade of Execution	Mark awarded
		For Official Use Only		Skater to fill in	For Official Use Only		
Level 2 BHF							
Forward march or stroking (5 metres)		0.3	0.1	1		1.5	0.150
Backward wiggle or march (5 metres)		0.3	0.1	3		1.9	0.190
Forward swizzles 2 foot (aka lemons or fishes) (5 metres)		0.3	0.1	2		0.45	0.045
Backward swizzles 2 foot (aka lemons or fishes) (5 metres)		0.3	0.1				0.000
Forward two-foot glide (length of body)		0.3	0.1				0.000
Backward two-foot glide (length of body)		0.3	0.1				0.000
Forward one foot glide for length of body (L and R)		0.3	0.1	5		0.4	0.040
Backward one foot glide for length of body (L and R)		0.3	0.1				0.000
Forward gliding dip (length of body)		0.3	0.1	4		0.4	0.040
Backward gliding dip (length of body)		0.3	0.1				0.000
1 foot forward snowplow stop (L or R)		0.3	0.1				0.000
Rotate one circle or more with marching feet in place		0.3	0.1				0.000
Number of elements called:					0		
Total Technical Elements						Total judges score for elements	0.465
		Factor	WPI	WPI incl age			
Impairment Compensation (1,5 x WPI)		1.5	66.00%	66.00%		0.990	
Technical Skating Skills (Factor x Score)		0.75			0.15	0.113	
Artistic performance & Execution (Factor x Score)		0.75			0.5	0.375	
Deductions						0.00	
Total Score for Performance						1.94	
Programme duration (min): 1.5				Time Adjusted Championship World Ranking Score		1.30	


Free skating programme				Level: 2					
Competition:	Inclusive Skating World Championships - London 2024			Paralympic Class:	Intellectual			Grade of Execution	Mark awarded
Skater:	Chloe James Martin	Sex:	Lady	Facilitation:	Independent				
Age January 1st:	12	Age category:	Novice	Support needed:	Off-ice				
Club:		Country:	Scotland, UK	Element order	Element Called (Y)				
Elements Permitted				IJS Base	Technical	Nbr. Elements: 5			
				For Official Use Only		Skater to fill in	For Official Use Only		
Level 1									
Forward swizzles 2 feet (5m)	0.3	0.1					0.000		
Backward swizzles 2 feet (5m)	0.3	0.1					0.000		
Forward gliding dip (length of body)	0.3	0.1					0.000		
Backward gliding dip (length of body)	0.3	0.1					0.000		
Forward one foot glide for length of body (L & R)	0.3	0.1					0.000		
Two-foot jump or beginner bunny hop in place or moving	0.3	0.1					0.000		
One foot forward snowplow stop (L or R)	0.3	0.1					0.000		
Forward 2 foot curves left and right (length of body)	0.3	0.1					0.000		
Rotate one circle or more with marching feet in place	0.3	0.1					0.000		
Level 2 (at least 3 elements)									
Consecutive forward one-foot swizzles (L & R each 5m)	0.4	0.133					0.000		
Consecutive backward one-foot swizzles (L & R each 5 m)	0.4	0.133					0.000		
Backward one-foot glide (L & R, each length of body)	0.4	0.133					0.000		
Bunny Hop	0.4	0.133					0.000		
T-stop (left or right)	0.4	0.133	4			1.25	0.166		
Backward stroking for a distance of 5 metres	0.4	0.133	1			2	0.266		
Two-foot tum gliding forward to backward (length of body)	0.4	0.133					0.000		
Two-foot tum gliding backwards to forward (length of body)	0.4	0.133					0.000		
Forward pivot (one circle)	0.4	0.133					0.000		
Forward two-foot spin (min 3 revs)	0.4	0.133	2			0.8	0.106		
Forward two-foot tum on a circle (c + cc, edges length of body)	0.4	0.133					0.000		
Forward outside one foot three-turn (L & R, 1 metre edges)	0.4	0.133					0.000		
Consecutive forward crossovers (L & R in semi-circle)	0.4	0.133					0.000		
Forward outside edge (L & R, edges on a semi-circle)	0.4	0.133					0.000		
Forward inside edge (L & R, edges on a semi-circle)	0.4	0.133	3			1.1	0.146		
Forward Lunge or drag (at any depth for length of body)	0.4	0.133					0.000		
Shoot the Duck (at any depth for length of body)	0.4	0.133	5			1.3	0.173		
				Number of elements called:		0			
Total Technical Elements				Total judges score for elements			0.857		
				Factor	WPI	WPI incl age			
Impairment Compensation (4,25 x WPI)				4.25	5.00%	5.00%	0.213		
Technical Skating Skills (Factor x Score)				1.5			1.7 2.550		
Artistic performance & Execution (Factor x Score)				1.5			1 1.500		
Deductions							0.00		
Total Score for Performance						5.12			
Programme duration (min): 1.5				Time Adjusted Championship World Ranking Score			3.41		


Free skating programme				Level: 2				
Competition:	Inclusive Skating World Championships - London 2024			Paralympic Class:	Physical			
Skater:	Shelby Sowden	Sex:	Lady	Facilitation:	Independent			
Age January 1st:	14	Age category:	Advanced-Novice	Support needed:	Off-ice			
Club:		Country:	England, UK	Element order	Element Called (Y)	Grade of Execution	Mark awarded	
Elements Permitted				IJS Base	Technical	Nbr. Elements: 5		
				For Official Use Only		Skater to fill in	For Official Use Only	
Level 1								
Forward swizzles 2 feet (5m)		0.3	0.1				0.000	
Backward swizzles 2 feet (5m)		0.3	0.1				0.000	
Forward gliding dip (length of body)		0.3	0.1				0.000	
Backward gliding dip (length of body)		0.3	0.1				0.000	
Forward one foot glide for length of body (L & R)		0.3	0.1				0.000	
Two-foot jump or beginner bunny hop in place or moving		0.3	0.1				0.000	
One foot forward snowplow stop (L or R)		0.3	0.1				0.000	
Forward 2 foot curves left and right (length of body)		0.3	0.1				0.000	
Rotate one circle or more with marching feet in place		0.3	0.1				0.000	
Level 2 (at least 3 elements)								
Consecutive forward one-foot swizzles (L & R each 5m)		0.4	0.133				0.000	
Consecutive backward one-foot swizzles (L & R each 5 m)		0.4	0.133				0.000	
Backward one-foot glide (L & R, each length of body)		0.4	0.133				0.000	
Bunny Hop		0.4	0.133				0.000	
T-stop (left or right)		0.4	0.133	5		1.5	0.200	
Backward stroking for a distance of 5 metres		0.4	0.133				0.000	
Two-foot tum gliding forward to backward (length of body)		0.4	0.133				0.000	
Two-foot tum gliding backwards to forward (length of body)		0.4	0.133				0.000	
Forward pivot (one circle)		0.4	0.133				0.000	
Forward two-foot spin (min 3 revs)		0.4	0.133				0.000	
Forward two-foot tum on a circle (c + cc, edges length of body)		0.4	0.133				0.000	
Forward outside one foot three-turn (L & R, 1 metre edges)		0.4	0.133				0.000	
Consecutive forward crossovers (L & R in semi-circle)		0.4	0.133	2		2.7	0.359	
Forward outside edge (L & R, edges on a semi-circle)		0.4	0.133				0.000	
Forward inside edge (L & R, edges on a semi-circle)		0.4	0.133	1		2.4	0.319	
Forward Lunge or drag (at any depth for length of body)		0.4	0.133	3		3	0.399	
Shoot the Duck (at any depth for length of body)		0.4	0.133	4		3.2	0.426	
					Number of elements called:	0		
Total Technical Elements				Total judges score for elements			1.703	
				Factor	WPI	WPI incl age		
Impairment Compensation (4,25 x WPI)				4.25	5.00%	5.00%	0.213	
Technical Skating Skills (Factor x Score)				1.5			1.85 2.775	
Artistic performance & Execution (Factor x Score)				1.5			0.9 1.350	
Deductions							0.00	
Total Score for Performance						6.04		
Programme duration (min): 1.5				Time Adjusted Championship World Ranking Score			4.03	


Free skating programme				Level: 3			
Competition:		Inclusive Skating World Championships - London 2024					
Skater:	Lola Bronte Casamayor	Sex:	Lady	Paralympic Class:	Intellectual		
Age January 1st:	11	Age category:	Novice	Facilitation:	Independent		
Club:		Country:	Spain	Support needed:	Off-ice		
Elements Permitted		IJS Base	Technical	Element order Nbr. Elements: 6	Element Called (Y)	Grade of Execution	Mark awarded
		For Official Use Only		Skater to fill in	For Official Use Only		
Level 2							
Consecutive forward one-foot swizzles (L & R each 5 metres)		0.4	0.133				0.000
Consecutive backward one-foot swizzles (L & R each 5 metres)		0.4	0.133				0.000
Backward one-foot glide (L & R, each length of body)		0.4	0.133				0.000
Bunny Hop		0.4	0.133				0.000
T-stop (left or right)		0.4	0.133				0.000
Forward pivot (one circle)		0.4	0.133				0.000
Forward two-foot spin (3 revs)		0.4	0.133				0.000
Forward outside one foot three-turn (L & R for 1 metre)		0.4	0.133				0.000
Consecutive forward crossovers (L & R in semi-circle)		0.4	0.133				0.000
Forward outside edge (L & R in a semi-circle)		0.4	0.133				0.000
Forward inside edge (L & R in a semi-circle)		0.4	0.133				0.000
Forward Lunge or drag (at any depth for length of body)		0.4	0.133				0.000
F Duck (at any depth for length of body)		0.4	0.133			2.5	0.333
Level 3 (at least 3 elements)							
Waltz Jump		0.4	0.133	4		3.3	0.439
Salchow		0.4	0.133	2		2.25	0.299
Toe Loop		0.4	0.133				0.000
Forward spiral - 5 metres		0.4	0.133	5		4.6	0.612
Backward spiral - length of body		0.4	0.133				0.000
Hockey Stop		0.4	0.133				0.000
Five consecutive backward crossovers (L & R)		0.4	0.133	3			0.000
Consecutive forward outside edges (L & R on semi-circle)		0.4	0.133				0.000
Consecutive forward inside edges (L & R on semi-circle)		0.4	0.133				0.000
Consecutive backward outside edges (L & R on semi-circle)		0.5	0.167				0.000
Consecutive backward inside edges (L & R on semi-circle)		0.5	0.167				0.000
Forward inside one foot three tum (L & R) edges for 1 metre		0.5	0.167				0.000
Forward inside Mohawk (L & R for 1m free leg extended)		0.5	0.167	6		2.85	0.476
Simple footwork for distance of 5m or more		0.5	0.167				0.000
Field moves (spirals, lunges etc.) for distance of 5+metres		0.5	0.167				0.000
One foot Upright spin - minimum of 3 revolutions		0.6	0.2	1		2.4	0.480
				Number of elements called:		0	
Total Technical Elements				Total judges score for elements			2.639
		Factor	WPI	WPI incl age			
Impairment Compensation (6 x WPI)		6	14.00%	14.00%	0.840		
Technical Skating Skills (Factor x Score)		2			2.7	5.400	
Artistic performance & Execution (Factor x Score)		2			2.7	5.400	
Deductions					0.00		
Total Score for Performance						14.28	
Programme duration (min): 2				Time Adjusted Championship World Ranking Score			7.14

Free skating programme				Level: 3						
Competition: Inclusive Skating World Championships - London 2024										
Skater: Neveah Howland	Sex: Lady	Paralympic Class: Intellectual								
Age January 1st: 12	Age category: Novice	Facilitation: Independent								
Club:	Country: England, UK	Support needed: Off-ice								
Elements Permitted		IJS Base	Technical	Element order Nbr. Elements: 6	Element Called (Y)	Grade of Execution	Mark awarded			
		For Official Use Only		Skater to fill in		For Official Use Only				
Level 2										
Consecutive forward one-foot swizzles (L & R each 5 metres)		0.4	0.133				0.000			
Consecutive backward one-foot swizzles (L & R each 5 metres)		0.4	0.133				0.000			
Backward one-foot glide (L & R, each length of body)		0.4	0.133				0.000			
Bunny Hop		0.4	0.133				0.000			
T-stop (left or right)		0.4	0.133				0.000			
Forward pivot (one circle)		0.4	0.133				0.000			
Forward two-foot spin (3 revs)		0.4	0.133				0.000			
Forward outside one foot three-turn (L & R for 1 metre)		0.4	0.133				0.000			
Consecutive forward crossovers (L & R in semi-circle)		0.4	0.133				0.000			
Forward outside edge (L & R in a semi-circle)		0.4	0.133				0.000			
Forward inside edge (L & R in a semi-circle)		0.4	0.133				0.000			
Forward Lunge or drag (at any depth for length of body)		0.4	0.133				0.000			
F Duck (at any depth for length of body)		0.4	0.133				0.000			
Level 3 (at least 3 elements)										
Waltz Jump		0.4	0.133	1		3	0.399			
Salchow		0.4	0.133	5		1.75	0.233			
Toe Loop		0.4	0.133				0.000			
Forward spiral - 5 metres		0.4	0.133	3		3	0.399			
Backward spiral - length of body		0.4	0.133				0.000			
Hockey Stop		0.4	0.133				0.000			
Five consecutive backward crossovers (L & R)		0.4	0.133				0.000			
Consecutive forward outside edges (L & R on semi-circle)		0.4	0.133				0.000			
Consecutive forward inside edges (L & R on semi-circle)		0.4	0.133				0.000			
Consecutive backward outside edges (L & R on semi-circle)		0.5	0.167				0.000			
Consecutive backward inside edges (L & R on semi-circle)		0.5	0.167				0.000			
Forward inside one foot three tum (L & R) edges for 1 metre		0.5	0.167				0.000			
Forward inside Mohawk (L & R for 1m free leg extended)		0.5	0.167	2		1.9	0.317			
Simple footwork for distance of 5m or more		0.5	0.167	6		2.7	0.451			
Field moves (spirals, lunges etc.) for distance of 5+metres		0.5	0.167				0.000			
One foot Upright spin - minimum of 3 revolutions		0.6	0.2	4		2.2	0.440			
				Number of elements called:		0				
Total Technical Elements				Total judges score for elements		2.239				
		Factor	WPI	WPI incl age						
Impairment Compensation (6 x WPI)		6	20.00%	20.00%			1.200			
Technical Skating Skills (Factor x Score)		2			1.7	3.400				
Artistic performance & Execution (Factor x Score)		2			2.2	4.400				
Deductions						0.00				
Total Score for Performance						11.24				
Programme duration (min): 2				Time Adjusted Championship World Ranking Score		5.62				

Free skating programme				Level: 3			
Competition:		Inclusive Skating World Championships - London 2024					
Skater:	Teddy Weston	Sex:	Lady	Paralympic Class:	Unified		
Age January 1st:	12	Age category:	Novice	Facilitation:	Independent		
Club:		Country:	Northern Ireland, UK	Support needed:	Off-ice		
Elements Permitted		IJS Base	Technical	Element order Nbr. Elements: 6	Element Called (Y)	Grade of Execution	Mark awarded
		For Official Use Only		Skater to fill in	For Official Use Only		
Level 2							
Consecutive forward one-foot swizzles (L & R each 5 metres)		0.4	0.133				0.000
Consecutive backward one-foot swizzles (L & R each 5 metres)		0.4	0.133				0.000
Backward one-foot glide (L & R, each length of body)		0.4	0.133				0.000
Bunny Hop		0.4	0.133	3		2.8	0.372
T-stop (left or right)		0.4	0.133				0.000
Forward pivot (one circle)		0.4	0.133				0.000
Forward two-foot spin (3 revs)		0.4	0.133				0.000
Forward outside one foot three-turn (L & R for 1 metre)		0.4	0.133				0.000
Consecutive forward crossovers (L & R in semi-circle)		0.4	0.133				0.000
Forward outside edge (L & R in a semi-circle)		0.4	0.133				0.000
Forward inside edge (L & R in a semi-circle)		0.4	0.133				0.000
Forward Lunge or drag (at any depth for length of body)		0.4	0.133				0.000
F Duck (at any depth for length of body)		0.4	0.133	4		2.9	0.386
Level 3 (at least 3 elements)							
Waltz Jump		0.4	0.133	1		3.4	0.452
Salchow		0.4	0.133	6		2.5	0.333
Toe Loop		0.4	0.133				0.000
Forward spiral - 5 metres		0.4	0.133				0.000
Backward spiral - length of body		0.4	0.133				0.000
Hockey Stop		0.4	0.133				0.000
Five consecutive backward crossovers (L & R)		0.4	0.133				0.000
Consecutive forward outside edges (L & R on semi-circle)		0.4	0.133				0.000
Consecutive forward inside edges (L & R on semi-circle)		0.4	0.133				0.000
Consecutive backward outside edges (L & R on semi-circle)		0.5	0.167				0.000
Consecutive backward inside edges (L & R on semi-circle)		0.5	0.167				0.000
Forward inside one foot three tum (L & R) edges for 1 metre		0.5	0.167				0.000
Forward inside Mohawk (L & R for 1m free leg extended)		0.5	0.167				0.000
Simple footwork for distance of 5m or more		0.5	0.167	5		3.4	0.568
Field moves (spirals, lunges etc.) for distance of 5+metres		0.5	0.167				0.000
One foot Upright spin - minimum of 3 revolutions		0.6	0.2	2		2.9	0.580
				Number of elements called:		0	
Total Technical Elements					Total judges score for elements		2.691
		Factor	WPI	WPI incl age			
Impairment Compensation (6 x WPI)		6	5.00%	5.00%			0.300
Technical Skating Skills (Factor x Score)		2			2.2	4.400	
Artistic performance & Execution (Factor x Score)		2			2.8	5.600	
Deductions							0.00
Total Score for Performance						12.99	
Programme duration (min): 2				Time Adjusted Championship World Ranking Score			6.50

Free skating programme				Level: 3					
Competition:	Inclusive Skating World Championships - London 2024			Paralympic Class:	Intellectual			Grade of Execution	Mark awarded
Skater:	Ella Mungin	Sex:	Lady	Facilitation:	Independent				
Age January 1st:	14	Age category:	Advanced-Novice	Support needed:	Off-ice				
Club:	Time Capsule	Country:	Scotland, UK	Element order Nbr. Elements: 6	Element Called (Y)				
Elements Permitted				IJS Base	Technical				
				For Official Use Only	Skater to fill in	For Official Use Only			
Level 2									
Consecutive forward one-foot swizzles (L & R each 5 metres)				0.4	0.133		0.000		
Consecutive backward one-foot swizzles (L & R each 5 metres)				0.4	0.133		0.000		
Backward one-foot glide (L & R, each length of body)				0.4	0.133		0.000		
Bunny Hop				0.4	0.133		0.000		
T-stop (left or right)				0.4	0.133		0.000		
Forward pivot (one circle)				0.4	0.133		0.000		
Forward two-foot spin (3 revs)				0.4	0.133	6	0.266		
Forward outside one foot three-turn (L & R for 1 metre)				0.4	0.133		0.000		
Consecutive forward crossovers (L & R in semi-circle)				0.4	0.133		0.000		
Forward outside edge (L & R in a semi-circle)				0.4	0.133		0.000		
Forward inside edge (L & R in a semi-circle)				0.4	0.133		0.000		
Forward Lunge or drag (at any depth for length of body)				0.4	0.133		0.000		
F Duck (at any depth for length of body)				0.4	0.133		0.000		
Level 3 (at least 3 elements)									
Waltz Jump				0.4	0.133	2	0.399		
Salchow				0.4	0.133	5	0.153		
Toe Loop				0.4	0.133		0.000		
Forward spiral - 5 metres				0.4	0.133	3	0.479		
Backward spiral - length of body				0.4	0.133		0.000		
Hockey Stop				0.4	0.133		0.000		
Five consecutive backward crossovers (L & R)				0.4	0.133	4	0.359		
Consecutive forward outside edges (L & R on semi-circle)				0.4	0.133		0.000		
Consecutive forward inside edges (L & R on semi-circle)				0.4	0.133		0.000		
Consecutive backward outside edges (L & R on semi-circle)				0.5	0.167		0.000		
Consecutive backward inside edges (L & R on semi-circle)				0.5	0.167		0.000		
Forward inside one foot three tum (L & R) edges for 1 metre				0.5	0.167		0.000		
Forward inside Mohawk (L & R for 1m free leg extended)				0.5	0.167		0.000		
Simple footwork for distance of 5m or more				0.5	0.167	1	0.317		
Field moves (spirals, lunges etc.) for distance of 5+metres				0.5	0.167		0.000		
One foot Upright spin - minimum of 3 revolutions				0.6	0.2		0.000		
				Number of elements called:		0			
Total Technical Elements				Total judges score for elements			1.973		
				Factor	WPI	WPI incl age			
Impairment Compensation (6 x WPI)				6	10.00%	10.00%	0.600		
Technical Skating Skills (Factor x Score)				2			2.1 4.200		
Artistic performance & Execution (Factor x Score)				2			2.2 4.400		
Deductions							0.00		
				Total Score for Performance			11.17		
Programme duration (min): 2				Time Adjusted Championship World Ranking Score			5.59		

Free skating programme				Level: 4					
Competition:		Inclusive Skating World Championships - London 2024							
Skater:	Agata Miscenkova	Sex:	Lady	Paralympic Class:	Intellectual				
Age January 1st:	12	Age category:	Novice	Facilitation:	Independent				
Club:		Country:	Latvia	Support needed:	Off-ice				
Elements Permitted		IJS Base	Technical	Element order Nbr. Elements: 7	Element Called (Y)	Grade of Execution	Mark awarded		
		For Official Use Only		Skater to fill in	For Official Use Only				
Level 2 and 3									
Bunny Hop		0.4	0.133				0.000		
Forward pivot (one circle)		0.4	0.133				0.000		
Forward two-foot spin (3 revs)		0.4	0.133				0.000		
Waltz Jump		0.4	0.133				0.000		
Salchow		0.4	0.133				0.000		
Toe Loop		0.4	0.133				0.000		
Forward spiral - 5 metres		0.4	0.133				0.000		
Backward spiral - length of body		0.4	0.133				0.000		
Hockey Stop		0.4	0.133				0.000		
Five consecutive backward crossovers (L & R)		0.4	0.133				0.000		
Consecutive forward outside edges (L & R on semi-circle)		0.4	0.133				0.000		
Consecutive forward inside edges (L & R on semi-circle)		0.4	0.133				0.000		
Consecutive backward outside edges (L & R on semi-circle)		0.5	0.167				0.000		
Consecutive backward inside edges (L & R on semi-circle)		0.5	0.167				0.000		
Forward inside one foot three turn (L & R) edges for 1 metre		0.5	0.167				0.000		
Forward inside Mohawk (L & R for 1m free leg extended)		0.5	0.167				0.000		
Simple footwork for distance of 5m or more		0.5	0.167	5		3.7	0.618		
Field moves choreo sequence (spirals, lunges etc.) for distance of 5+metres		0.5	0.167				0.000		
One foot Upright spin - minimum of 3 revolutions		0.6	0.2				0.000		
Level 4 (at least 4 elements)									
1/2 revolution jumps (split jump etc.)		0.4	0.133				0.000		
Single Salchow		0.4	0.133	3		3.5	0.466		
Single Toe loop		0.4	0.133				0.000		
Loop		0.5	0.167	1		3.7	0.618		
Single Waltz + Single Toe loop Combination		0.8	0.267	2		3.5	0.935		
Single Salchow + Single Toe loop Combination		0.8	0.267				0.000		
One foot spin - min 3 revs. and max of 2 positions - no change of foot		0.6	0.2				0.000		
Upright Back spin - any entry allowed 1 foot or 2 foot		0.9	0.3	6		4.2	1.260		
Attempt at sitspin or camel spin		0.9	0.3				0.000		
Upright spin		1	0.333	7		5.8	1.931		
Sitspin		1.1	0.367				0.000		
Camel Spin		1.1	0.367				0.000		
Layback Spin		1.2	0.4				0.000		
Spin Combination. With change of pos. and no change of foot (2 pos. including attempts at sitspin and/or camel spin)		1.5	0.5	4		4	2.000		
				Number of elements called:		0			
Total Technical Elements				Total judges score for elements			7.828		
		Factor	WPI	WPI incl age					
Impairment Compensation (9,6 x WPI)		9.6	10.00%	10.00%	0.960				
Technical Skating Skills (Factor x Score)		2.5			3.7	9.250			
Artistic performance & Execution (Factor x Score)		2.5			4	10.000			
Deductions							0.00		
Total Score for Performance						28.04			
Programme duration (min): 2.25				Time Adjusted Championship World Ranking Score			12.46		

Free skating programme				Level: 5						
Competition: Inclusive Skating World Championships - London 2024										
Skater:	Vilma Mellegard	Sex:	Lady	Paralympic Class:	Physical					
Age January 1st:	14	Age category:	Advanced-Novice	Facilitation:	Independent					
Club:	Kungsbacka KK	Country:	Sweden	Support needed:	Off-ice					
Elements Permitted				IJS Base	Technical	Element order Nbr. Elements: 8	Element Called (Y)	Grade of Execution	Mark awarded	
				For Official Use Only		Skater to fill in	For Official Use Only			
Level 3 and 4										
1/2 revolution jumps (split jump etc.)				0.4	0.133				0.000	
Waltz jump				0.4	0.133				0.000	
Single Waltz + Single Toe Loop Combination				0.8	0.267				0.000	
Single Salchow + Single Toe loop Combination				0.8	0.267	7		4.9	1.308	
Forward spiral - 5 metres				0.4	0.133				0.000	
Backward Spiral - length of body				0.4	0.133				0.000	
Simple footwork for distance of 5m+				0.5	0.167				0.000	
Field moves (Spirals, lunges etc.) 5m+				0.5	0.167				0.000	
One foot spin - min 3 revs. and max of 2 positions - no change of foot				0.6	0.2				0.000	
Upright Back Spin, any entry, 1 or 2 foot				0.9	0.3				0.000	
Attempt sitspin or camel spin				0.9	0.3				0.000	
Upright Spin				1	0.333				0.000	
Sitspin				1.1	0.367				0.000	
Camel Spin				1.1	0.367				0.000	
Layback Spin				1.2	0.4	8		4.7	1.880	
Spin combination, 2 pos, no foot change				1.5	0.5	3		7	3.500	
Level 5 (at least 4 elements)										
Single Salchow				0.4	0.133				0.000	
Single Toe loop				0.4	0.133				0.000	
Loop				0.5	0.167	1		4.9	0.818	
Single Flip Jump				0.5	0.167				0.000	
Single Lutz				0.6	0.2				0.000	
Single Loop, Flip or Lutz + Single Toe loop combination				0.9	0.3				0.000	
Single Loop, Flip or Lutz + Single Loop combination				1.05	0.35	2		4.7	1.645	
Upright Spin, one change of foot, no pos change				1.5	0.5				0.000	
Sit Spin, one change of foot, no pos change				1.6	0.533				0.000	
Camel Spin, one change of foot, no pos change				1.7	0.567				0.000	
Layback Spin, one change of foot, no pos change				1.7	0.567				0.000	
Spin Combination 2 position + one foot change				1.6	0.533				0.000	
Spin Combination 3 position + no foot change				1.7	0.567	6		6.7	3.799	
Spin Combination 3 position + one foot change				1.8	0.6				0.000	
Step (full length of rink or full circle)				1.5	0.5	4		6.5	3.250	
Choreographic Sequences (2 or more field moves, jumps and artistic movements covering full ice)				2	0.667	5		6	4.002	
				Number of elements called:			0			
Total Technical Elements								Total judges score for elements		20.202
				Factor	WPI	WPI incl age				
Impairment Compensation (20 x WPI)				20	40.00%	40.00%			8.000	
Technical Skating Skills (Factor x Score)				2.5			4.65	11.625		
Artistic performance & Execution (Factor x Score)				2.5			5	12.500		
Deductions								0.00		
				Total Score for Performance				52.33		
Programme duration (min): 2.5				Time Adjusted Championship World Ranking Score				20.93		