

COLORADO 2018

We are delighted to welcome Inclusive Skaters to take part in the third Inclusive Skating event in North America.

Inclusive Skaters are invited to participate in the 2018 World Figure Sport Society's World Figure Festival Inclusive Skating Event. This event will include the opportunity to take part in three Inclusive Skating events celebrating the joy and prestige of the development of Figure and Fancy Skating:

- 1. Fundamental Figures (Saturday 29 September 2018)
- 2. Free Skating (Sunday 30 September 2018)
- 3. Free Dance (Sunday 30 September 2018)

Practice Ice will be available for compulsory figures only on Thursday 28 and Friday 29 September. Additional Free skating practice ice is available at towns nearby.

The event will be held at the John A. Dobson Ice Arena, Vail Colorado. 321 East Lionshead Circle, Vail, CO (185 x 85 International size ice pad).

The hotel across the road from the arena is the Evergreen Lodge, Vail Colorado, 250 South Frontage Road, West Vail Colorado 81657, Phone 970476 7810 (Free Phone in the USA 800-284-8245), http://www.evergreenvail.com/

Special Rate available on quoting WFC - World Figure and Fancy Skating Championships participation.

Entry fee of \$80 will include entry to all Inclusive Skating events. Skaters wishing to enter should request an Inclusive Skating entry invoice by contacting Karen Courtland Kelly at the following e-mail. Invoice must be paid within 72 hours of receipt of the invoice. karen@worldfiguresport.org

Please refer to the Inclusive Skating Technical Handbook 3rd Edition on the website <u>www.inclusiveskating.org</u> for full technical details on Figures, Free Skating and Free Dance.

All events will be judged by World Figure Sport Society's Officials and the Technical Delegate for the event is Margarita Sweeney-Baird. For technical assistance for entry please contact <u>margarita.msb@gmail.com</u>

(Note F is Forward and B is Backward in element descriptions and all jumps are single unless otherwise stated. The number of called elements is specified at each level. If a greater number of elements are performed from the permitted list than they are evaluated in the program component scores. Elements that are not permitted receive no credit. All programs must skate to music and be well balanced. No deduction for skating less than the time specified.)

FREE SKATING AND FREE DANCE EVENTS

1. Balance Facilitator and Frame Event. (No Harness available) This event is for skaters who can skate on 2 feet and require extensive facilitative support for balance and participation.

1 minute program with 4 called elements chosen from F march, B march, F 2 foot glide, B 2 Foot glide, F Gliding Dip, B gliding Dip and snowplough stop.

2. Level 1 Free This event is for skaters who skate on 2 feet and who do not require extensive facilitative support for balance

1 minute program with 4 called elements chosen from the Level 1 elements:

F march, B march, F 2 foot glide, B 2 Foot glide, F Gliding Dip, B gliding Dip, snowplough stop, F Swizzles, B Swizzles, F 1 foot glide (L & R), 2 foot jump or beginner bunny hop in place or moving. F 2 foot curves (L & R) and 2 foot turn from F to B.

3. Level 2 Free This event is for skaters who can skate on one foot

1 minute 30 second program with 5 called elements including 3 from the Level 2 elements list and a selection from the level 1 list.

The level 2 elements are: F 1 foot swizzles (L & R), B 1 foot swizzles (L & R), B 1 foot glide (L & R), Bunny hop, T-stop, B stroking, 2 foot turn F to B, F pivot, F 2 foot spin, F 2 foot turn on circle, F outside three turn (L & R), F cross overs in semi circle (L & R), F outside edges (L & R), F inside edges (L & R), F lunge or drag, Shoot the duck.

4. Level 3 Free This event is for skaters who can skate on forward edges

2 minute program with 6 called elements including 3 from the Level 3 elements list and a selection from the Level 2 list.

The Level 3 elements are: Waltz jump, Salchow, Toe loop, F spiral, B spiral, 1 foot upright spin, 5 B crossovers (L & R), Consecutive F outside edges (L & R), Consecutive F inside edges (L & R), Consecutive B outside edges (L & R), Consecutive B inside edges (L & R), F inside three turn (L & R), F inside Mohawk, simple footwork for 5 metres, Field moves for 5 metres, Hockey stop.

5. Level 4 Free This event is for skaters who can skate on Backward edges

2 minute program with 7 called elements including 4 from the Level 4 elements list and a selection from the Level 2 and 3 list.

The Level 4 elements are: half revolution jumps (split jump etc.), Salchow, toe loop, loop, Waltz toe loop combination, Salchow toe loop combination, Upright back spin, Intermediate position spin (IP is an attempt at either Camel or sit spin), 1 foot spin, Upright spin, Camel spin, Sitspin, Layback spin, Change position spin on 1 foot.

6. Level 5 Free This event is for skaters who can change edge and perform B turns

2 minute 30 second program with 8 called elements including 4 from the Level 5 elements list and a selection from the Level 3 and 4 list.

The Level 5 elements are Salchow, toe loop, 2 combinations (loop, flip, or lutz in combination with toe loop combination and loop, flip or lutz in combination with a loop jump), Step sequence, Choreographic sequence, Combination spin with 2 positions with or without change of foot, Combination spin with 3 positions with or without change of foot, Change foot upright spin, change foot Layback spin, Change foot Camel spin (including IP position), Change foot Sit spin (including IP position).

7. Level 6 Free This event is for skaters who can perform axles and double jumps.

3 minute program with 9 called elements including at least 4 from the Level 6 elements list and a selection from the Level 4 and 5 list.

The Level 6 elements are: Single or Double Axle, Double salchow, Double toe loop, double loop, Double flip, Double lutz, All 2 jump combinations and they must include an axle or multi rotation jump. Maximum of 2 combinations permitted. All triple and Quad jumps permitted, All flying spins permitted.

8. Level 1 Solo Free Dance

Eligibility: Skater should be able to skate forward using a combination of 2 foot and 1 foot skating

1 minute 30 second program

The elements that must be performed are a pose (3 to 6 seconds), a spin (2 foot or one foot forward upright) and a step sequence (including forward cross rolls, 2 foot turns and forward three turns).

9. Level 2 Solo Free Dance

Eligibility: Skater should be able to skate forward using 1 foot skating. Backward skating can be a combination of 1 foot and 2 foot skating.

1 minute 30 second program

The elements that must be performed are: a pose (3 to 6 seconds), a one position spin (no change of foot) and a step sequence (including F and B cross rolls, 2 foot turns and forward three turns).

10. Level 3 Solo Free Dance

Eligibility: Skater should be able to skate forward and backward using 1 foot skating. All Forward three turns must be performed on one foot. Twizzles can be a combination of 1 foot and 2 foot skating.

2 minute program

The elements that must be performed are a pose (3 to 6 seconds),

a one position spin (no change of foot),

a step sequence (including F and B steps and turns) and a set of twizzles (1 or 2 feet F inside clockwise and counter clockwise 1 or more rotation and maximum of 3 linking steps)

11. Level 4 Solo Free Dance

Eligibility: Skater should be able to skate forward and backward using 1 foot skating. All Forward and Backward three turns must be performed on one foot. Double Twizzles can be a combination of 1 foot and 2 foot skating.

2 minute program The elements that must be performed are a pose (3 to 6 seconds), a one position spin (1 foot only and no change of foot, a step sequence (including F and B steps and advanced turns) and a set of twizzles (1 or 2 feet on any edge clockwise and counter clockwise 2 or more rotation and maximum of 3 linking steps)

12. Level 5 Solo Free Dance

Eligibility: Skater should be able to skate forward and backward using 1 foot skating for all basic turns. Skater should be able to perform Backward double three turns on one foot and good attempts at brackets, counters and/or rockers. Double Twizzles should be performed on 1 foot.

2 minute program The elements that must be performed are a pose (3 to 6 seconds), a pose (3 to 6 seconds), a spin (1 change of foot and one change of position permitted), a step sequence (including F and B steps and advanced turns) and Twizzles, 2 rotations on any edge, c + cc, max 3 linking steps, additional features permitted

13. Level 6 Solo Free Dance

Eligibility: Skater should be able to skate forward and backward using 1 foot skating for all turns including brackets, loops, twizzles, counters and rockers.

2 minute program The elements that must be performed are a pose (3 to 6 seconds), a pose (3 to 6 seconds), a spin (1 change of foot and one change of position permitted), a step sequence (including F and B steps and advanced turns) and Twizzles, 3 or more rotations on any edge, c + cc, max 3 linking steps, additional features permitted

14. 2018 World Figure Sport's Fundamental Figures for Inclusive Skating

Skaters should select 3 different Figures from Level 7 of the Compulsory Elements (Figure Section) of the Inclusive Skating Technical Handbook 2018 (3rd Edition).

Skaters should perform 6 tracings on each foot.

Skaters will be evaluated on a scale of 0 to 6.0 for the following criteria:

1. Circle

- 2. Quality of Centers
- 3. Tracing
- 4. Quality of Circle Geometry, Alignment & Symmetry
- 5. Quality of Edges and Turns (if any) on the ice

6. An artistic Performance and Execution score in relation to the ease of movement and posture of the skater is also awarded.

The base or average score is 3 times the value of the technical value.

No additional deduction or penalty is made for skating on 2 feet or a fall.