

Planned Program Content and Marking Sheet		Level of Skater:		BHF Lv 1	Balance, Harness and Frame	
Competition:	Colorado 2018	Support required	None/Off-Ice/On-ice/Other			
Skater:	Dylan Jennings	Notes on required support:				
Age on 1st January	21					
Age Category	Senior					
Sex:	Gentleman					
 Elements Permitted	IJS Base	Technical	Element order - elements	Element Called (Y)	Grade of Execution	Mark awarded
	For Official Use Only			4	For Official Use Only	
Level BHF				Skater to fill in		
Forward march or stroking (5 metres)		0.3	0.1		2	0.200
Backward wiggle or march (5 metres)		0.3	0.1		1	0.100
Forward 2 foot glide (length of body)		0.3	0.1		2	0.200
Backward 2 foot glide (length of body)		0.3	0.1			0.000
Forward gliding dip (length of body)		0.3	0.1		2	0.200
Backward gliding dip (length of body)		0.3	0.1			0.000
1 foot forward snowplow stop(L & R)		0.3	0.1			0.000
		Number of elements selected		0		
Total Technical Elements		Total judges score for elements				0.700
factor (level BHF) x 0.5		Factor	WPI	0.5		0.350
Impairment Compensation (1.25 x WPI)		1.25	5.00%			0.063
Technical Skating Skills (Factor x Score)		0.5		2		1.000
Artistic performance & Execution (Factor x Score)		0.5		2		1.000
					Total Score for Performance	
					2.41	
					Time adjusted world ranking score	
					2.41	
3.3.1 Balance Facilitator, Harness and Frame (BHF) Free Skating Programme a) Well balanced free skating programme with emphasis on balance and glide. b) Duration 1 minutes +/- 10 seconds. c) The skater should be of an ability level where they can only perform elements mostly on 2 feet and with the assistance of a harness, frame or balance facilitator. Therefore only the following specified elements will be called. 4 elements are to be selected by the skater as technical elements to be called and identified in the order to be skated on the marking sheet. Elements above Level 1 are not called by the Judging Panel and are not taken into account in the Technical Skills and Artistic Performance and Execution Scores by the judges. Additional and transitional elements appropriate to level BHF are permitted.		Age Categories				
		1. 10 years and under (Pre- Novice)				
		2. 11- 12 years (Basic Novice)				
		3. 13- 14 years (Advanced Novice)				
		4. 15- 17 years (Junior)				
		5. 18 and over (Senior)				
		6. 30+ (Master)				