



*Special
Olympics
Great Britain*



ANNOUNCEMENT

Inclusive Skating Event

Glasgow 2015



**AWARDS
FOR ALL
SCOTLAND**

LOTTERY FUNDED

Figure Skating, Speed and Solo Ice Dance International Club Competition

Incorporating

NISA Inclusive Skating Championships 2015 and Special Olympics GB National Figure and Speed Skating Competitions 2015

**Braehead Curling Ice Rink, Scotland – Main Event
Time Capsule, Coatbridge – Harness Event
Auchenharvie – Speed Skating
Classification – tbc in Glasgow**

**Closing Date for Entries 1st March 2015
Classification, Speed and Figure 10th to 12th April 2015**

Official Website: www.inclusiveskating.org



INCLUSIVE SKATING EVENT GLASGOW 2015

1. GENERAL

Inclusive Skating ("IS") is holding the 3rd Inclusive Skating Event in Great Britain in Glasgow, April 2015.

The IS Event, is an International Inter-Club competition in Figure, Solo Ice Dance and Speed Skating held under ISU Rule 107.14. It is organised for skaters with impairment who cannot compete in international competitions under ISU Rule 107.14 h). The IS Event Glasgow 2015 will be held with the sanction and support of the National Ice Skating Association, with the support of Sk8 Scotland (or any individuals or committee representing Scotland) and in accordance with the ISU Constitution and General Regulations 2014, ISU Special Regulations and Technical Rules Single & Pair Skating and Ice Dance 2014 and relevant rules and communications as amended and updated. These rules shall be employed except where they are in conflict with this announcement and the [Rules of Competition](#) for Inclusive Skating. IS rules on deductions and bonuses and judging guidelines are also available at the end of this Announcement. The Announcement may be subject to further technical amendment and any amendments will be published on the Inclusive Skating website.

Entries shall be made by clubs affiliated to ISU members and the club should inform the ISU member to whom it is affiliated under ISU Rule 107.14 c). The abbreviation of the ISU member will be stated in parenthesis after the name of the club in the results protocol and competition materials under ISU Rule 107.14 d).

The competition is reserved to all eligible skaters (ISU Rules 102 and 109).

This Event includes the 3rd Special Olympics GB National Competitions in Figure and Speed Skating. The Special Olympics event is only open to those athletes registered with Special Olympics GB by the time of the final closing date.

The Event includes the First NISA Inclusive Skating Championships, which is only open to those skaters who meet the entry requirements and minimum standards and specifications.

2. TECHNICAL DETAILS

2.1 Venue

Main competitions and practices will be held at the

**Braehead Curling Ice
Rink**

Braehead Shopping
Centre, Upper Mall,
Scotland
G51 4BN



Braehead Curling Ice Rink has limited seating capacity with possible extra seating being brought in for the event.

The ice surface is a 7 lane standard curling rink. Approx 110 x 150 feet.

The facility is heated and is fully covered.

The Harness Event will take place at the Time Capsule Coatbridge and the Speed event will take place at Auchenhavrie, Ayrshire.

2.2 Eligibility for Entry

Skaters with any form of impairment may enter the competition, including visual, hearing, biomechanical, intellectual or any impairment that functionally limits ice skating. The functioning of the skater for ice skating will be assessed during classification. The classification process follows the Code of Classification and the Classification Handbook for Inclusive Skating.

Each skater is individually assessed during classification by the Classification Panel and has an assessment of the whole person impairment percentage that reflects their impairment.

The whole person impairment percentage is then used to calculate the impairment compensation to be added to the skater's skating score.

Skaters who have been classified at previous Inclusive Skating Events in Great Britain or Iceland do not require to be classified again unless there has been a material change in their functioning.

There are no test entry requirements and skaters should with the guidance of their coach choose the technical level of competition closest to their current ability. If the skater chooses a technical level that is significantly different from their current technical level then the Referee may not include their results at the level entered and may assign their result to a more appropriate technical level or disqualify as appropriate.

2.3 Technical Details – Figure events

2.3.1 General Technical Details for Free Skating Levels 1 to 6

a) The skills may be performed in any order and the order must be listed in the planned programme content sheet.

- b) The skater is not required to perform a set number of skills: however, the skater will be judged on the quality of the performance and the content which will be reflected in the programme component scores for Skating Skills and Performance and Execution.
- c) The skater should select the elements to be marked as technical elements and identify these elements in the planned programme content sheet. The skater will be given a Grade of Execution ("GOE") for each of the technical elements selected.
- d) The remaining elements should be identified in the planned programme content sheet as transitional elements.
- e) The programme may be performed to instrumental music or vocal music as permitted under ISU rules.
- f) Elements specified in the ISU Scale of Values use the ISU Scale of Values as per ISU Communication 1860 as amended and updated. Where the technical elements do not have a scale of value specified by the ISU then the IS Scale of Values will apply. The IS Scale of Values is specified at the end of the Announcement.
- g) A technical element specified by the ISU is called according to the requirements of the current ISU Technical Handbook. A technical element not contained in the ISU Technical Handbook and specified by IS is called when 50% or more of the element is performed and the general intent of the technical element is clear. Where appropriate, guidance on the general intent of the technical element will be provided by the ISU Technical Handbook.
- h) Where elements are required to be performed on left and right foot and/ or repeated they must be performed consecutively to be called as technical elements.
- i) Only the first attempt at the technical element selected by the skater can be called. Subsequent attempts will be ignored by the Technical Panel but may be taken into account by the judges in the Programme Component score.
- j) If the skater does not provide a planned programme content sheet or does not follow the planned programme content sheet provided then the first technical elements performed by the skater (until the requisite number specified for that level are satisfied) will be marked as technical elements and all remaining elements will be regarded as transitional elements and evaluated in the programme component score.
- k) All technical elements have fixed base value and are evaluated in GOE. Additional features listed in ISU Communication 1860 will not be taken into consideration for a technical call.
- l) Skater may start programme at any spot on ice surface.
- m) Judging and timing will begin when skater begins to move or skate and ends when the skater arrives at a complete stop at the end of the programme.
- n) Spins may be repeated.
- o) Attempts at spins that do not meet the definition and criteria specified under ISU rules may meet the criteria specified under IS rules and will be called accordingly.
- p) In exceptional circumstances, such as skaters using harness equipment, video performance of skater may be used for judging performances. The skater's performance may be shown on screen at main venue.

2.3.2 General Technical Details for Compulsory Elements Groups

- a) The compulsory elements are optional in IS events and separate results will be provided for free skating and compulsory elements.
- b) The judges will give each specified element a Grade of Execution (GOE).
- c) At Levels 1, 2 and 3 a Programme Component Score is awarded for Performance and Execution in relation to the ease of movement and posture of the skater.
- d) At Levels 4, 5 and 6 a Programme Component Score for Skating Skills and Performance and Execution is awarded.
- e) No factor is applied to the Compulsory Elements Group.
- f) Where the skater has two opportunities to perform the element then the GOE of the attempt which produces the highest GOE will be used towards the skater's final GOE score: the other GOE score will be discarded. The programme component score awarded by the judge can take account of the discarded attempt at the discretion of the judge.
- g) The compulsory elements are marked according to the scale of values specified by IS.
- h) There is no time limit and skaters will be given a reasonable time to skate the elements. Skaters who perform very slowly are advised to make only one attempt at each element.

i) In exceptional circumstances, such as skaters using harness equipment, video performance of skater may be used for judging performances. The skater's performance may be shown on screen at main venue.

2.3.3 Technical content for Figure competitions

Level 1 Figure – Free Skating programme

a) Well balanced free skating programme with emphasis on balance and glide.

b) Duration 1 minutes +/- 10 seconds.

c) The programme can contain only the following specified elements. 4 elements are to be selected by the skater as technical elements to be called and identified on the planned programme sheet. Maximum of 1 jump is permitted as a called element.

- Forward march or stroking for a distance of 5 metres
- Backward wiggle or march for a distance of 5 metres
- Forward swizzles for a distance of 5 metres
- Backward swizzles for a distance of 5 metres
- Forward two-foot glide (length of the body)
- Backward two-foot glide (length of the body)
- Forward gliding dip (length of the body)
- Backward gliding dip (length of the body)
- Forward one-foot glide left and right (length of the body)
- Two-foot jump in place or moving
- One-foot forward snowplough stop (left or right)
- Forward two-foot curves left and right (length of body)
- Two-foot turn front to back on the spot

d) The factor for the Programme Components Score is 1.0

e) The average hypothetical score is 2.45. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$WPI\% \times 2.45 = \text{Impairment Compensation}$

$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$

Level 1 Figure – Compulsory Elements Group

The skater should perform the following 3 Compulsory Elements in any order. The skater has two opportunities to perform each element.

- Forward swizzles for a distance of 10 metres
- Backward swizzles for a distance of 10 metres
- One-foot forward snowplough stop (left or right)

The average hypothetical score is 1.40. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$WPI\% \times 1.40 = \text{Impairment Compensation}$

$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$

Level 2 Figure – Free Skating programme

a) Well balanced free skating programme with emphasis on glide on one foot and beginning basic forward edges.

b) Duration 1 minute 30 seconds +/- 10 sec.

c) The programme can contain only Level 1 and 2 elements and at least 3 of the following specified Level 2 elements. 5 elements are to be selected by the skater as technical elements to be called and identified on the planned programme sheet. Maximum of 2 single jumps are permitted as called elements.

- Consecutive forward one-foot swizzles (left foot and right foot, each for a distance of 5 metres)
- Consecutive backward one-foot swizzles (left foot and right foot, each for a distance of 5 metres)
- Backward one-foot glide length of body (left foot and right foot, each length of body)
- Bunny Hop
- T-Stop left or right
- Backward stroking for a distance of 5 metres
- Two-foot turn gliding forward to backward (length of the body)
- Two-foot turn gliding backwards to forward (length of the body)
- Forward Pivot (one circle)
- Forward two-foot spin (at least 3 revolutions)
- Forward two-foot turn on a circle (clockwise and counter-clockwise for length of body)
- Forward outside three-turn (left and right for length of body)
- Consecutive forward crossovers (left and right in a semi-circle)
- Forward outside edge (left and right both edges on a semi circle)
- Forward inside edge (left and right both edges on a semi circle)
- Forward Lunge or Shoot the Duck (at any depth for length of body)

d) The factor for the Programme Components Score is 1.5

e) The average hypothetical score is 4.25. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$WPI\% \times 4.25 = \text{Impairment Compensation}$

$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$

Level 2 Figure – Compulsory Elements Group

The skater should perform the following Compulsory Elements in succession in the order specified. The skater has two opportunities to perform the elements.

Skaters shall skate the first three elements in succession. After completion of the first three elements the skater will perform the fourth element. The Skater starts at one end of the rink and begins when so instructed by the referee.

- Skater skates forward using stroking motion (not swizzles, the element will not be called if swizzles are performed) to a point approximately one-third the length of the skating area. At the point of one-third the length of the ice, the skater performs a forward to backward two-foot turn.
- Upon completion of the turn, the skater skates backward stroking (not swizzles, the element will not be called if swizzles are performed) to a point approximately two-thirds the length of the skating area. At approximately two thirds the length of the ice, the skater performs a backward to forward two-foot turn.
- Upon completion of the turn, the skater skates forward “using stroking motion” to the end of the rink where the skater performs a T-Stop.
- Forward crossovers in figure eight pattern. One pattern clockwise and one pattern counter clockwise (with no stop between) should be skated with a minimum of five crossovers per circle.

The average hypothetical score is 2.75. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$WPI\% \times 2.75 = \text{Impairment Compensation}$

$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$

Level 3 Figure – Free Skating programme

a) Well balanced free skating programme with emphasis on Flow, Carriage and a slightly more advanced skill level demonstrating the use of forward edges.

b) Duration 2 minutes +/- 10 sec.

c) The programme can contain only Level 1, 2 and 3 elements and at least 3 of the following specified Level 3 elements. 6 elements are to be selected by the skater as technical elements to be called and identified on the planned programme sheet. Maximum of 3 single jumps are permitted as called elements. Spins and steps will be called under IS rules and ISU scale of values will not apply.

- Waltz jump
- Forward spiral for a distance of 5 metres
- Backward Spiral (length of body)
- One foot spin (minimum of three revolutions in any position)
- Consecutive backwards crossovers (left and right in a semi circle)
- Consecutive forward outside edges (left and right both edges on a semi circle)
- Consecutive forward inside edges (left and right both edges on a semi circle)
- Consecutive backwards outside edges (left and right both edges on a semi circle)
- Consecutive backwards inside edges (left and right both edges on a semi circle)
- Forward inside three-turn (left and right for length of body)
- Forward inside Mohawk (left and right for length of body)
- Simple footwork (Mohawk step sequence, Waltz three-step sequence, etc for a distance of 5 metres or more)
- Field moves (spirals, lunges etc.)
- Salchow
- Toe Loop
- Hockey stop

d) The factor for the programme component score is 2.0

e) The average hypothetical score is 6.20. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$WPI\% \times 6.20 = \text{Impairment Compensation}$

$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$

Level 3 Figure – Compulsory Elements Group

Skaters shall skate all of the following elements in isolation. The skater has two opportunities to perform the elements. Skater starts elements at a point designated by the referee and begins elements when so instructed by the referee. The elements are:

- Four consecutive Forward Outside Edges across the width or down the length of the rink. The skating edges shall be short strokes with correct take-offs from one foot to the other.
- Four consecutive Forward Inside forward edges across the width or down the length of the rink. The skating edges shall be short strokes with correct take-offs from one foot to the other.

- The skater shall execute a Forward Outside Three Turn on the right foot and a Forward Outside Three Turn on the left foot. The competitor shall approach, execute, and exit each Three Turn on one skate. The skate which the Three Turn is to be executed upon shall be the only skate to touch the ice one meter prior to, during, and one meter after the execution of each Three Turn.
- The skater shall execute a right forward inside edge to left backward inside edge open Mohawk and a left forward inside edge to a right backward inside edge open Mohawk. The free leg should be extended before and after the turn.

The average hypothetical score is 3.00. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

WPI% x 3.00 = Impairment Compensation

Impairment Compensation + IJS Skating Score = Skaters Total Score

Level 4 Figure – Free Skating programme

a) Well balanced Free Skating programme with emphasis on spins and jumps that demonstrates mastery of backward skating.

b) Duration 2 minutes +/- 10 sec.

c) The programme can contain only Level 1, 2, 3 and 4 elements and at least 4 of the following specified Level 4 elements. 7 elements are to be selected by the skater as technical elements to be called and identified on the planned programme sheet. Maximum of 4 single jumps and one combination jump and maximum of two one foot basic position spins are allowed as called elements. Spins may be called under ISU rules and/or IS rules. Steps and simple footwork will be called under IS rules and ISU scale of values for step sequences will not apply.

- Salchow
- Toe loop
- Loop jump
- ½ revolution jumps (e.g. split jumps etc)
- Upright back spin – any entry allowed
- One foot basic position spins including Upright, Sitspin, Camel and Intermediate position spin (attempt at sitspin or camel spin that does not meet definition in ISU Technical Handbook and combination spin with a maximum of two positions). No change of foot permitted.
- Combination jump salchow/ toe loop

d) The factor for the programme component scores is 2.5

e) The average hypothetical score is 9.60. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

WPI% x 9.60 = Impairment Compensation

Impairment Compensation + IJS Skating Score = Skaters Total Score

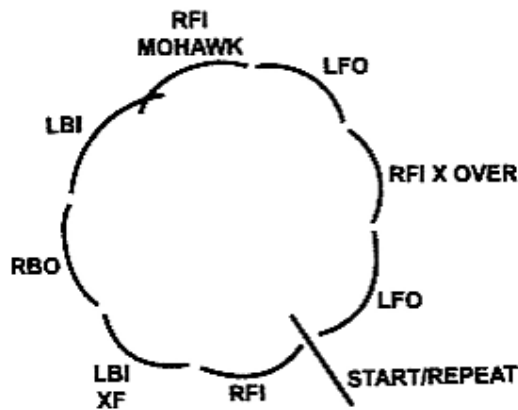
Level 4 Figure – Compulsory Elements Group

Skaters shall skate all of the following elements in isolation. The skater has two opportunities to perform the elements. Skater starts elements at a point designated by the referee and begins elements when so instructed by the referee.

- Four consecutive Backward Outside Edges across the width or down the length of the rink. The skating edges shall be short strokes with correct take-offs from one foot to the other.
- Four consecutive Backward Inside forward edges across the width or down the length of the rink. The skating edges shall be short strokes with correct take-offs from one foot to the other.

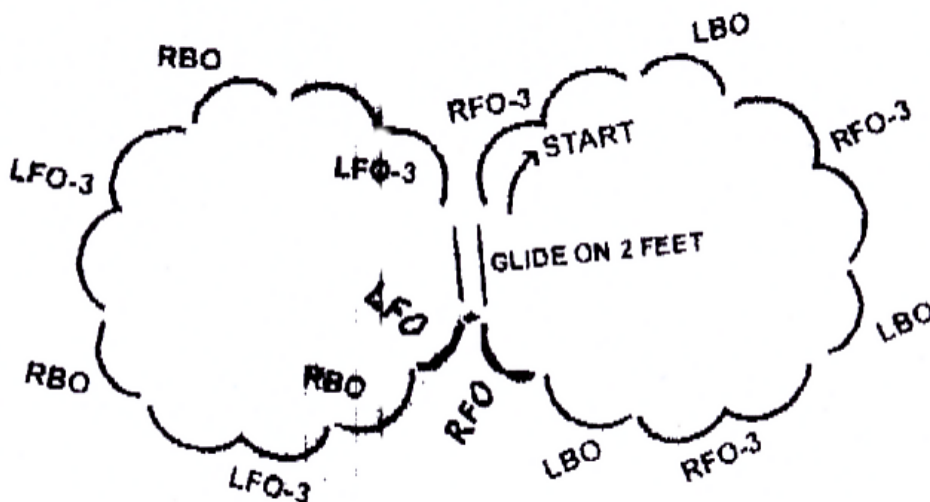
- The following steps shall be performed in sequence in a circular figure of eight pattern both clockwise and counter-clockwise. See diagram below for counter-clockwise steps beginning LFO.
 - Left forward outside edge
 - Right forward inside edge crossover
 - Left forward outside edge
 - Right forward inside Mohawk
 - * Left back inside edge
 - Right back outside edge
 - Left back inside crossover
 - Right forward inside edge

Step sequence must be performed clockwise with steps of a same nature beginning RFO.



- Waltz three step sequence: Performed in a figure eight pattern. A two step introduction may be added
 - Right forward outside three turn
 - Left back outside edge
 - Right forward outside three turn
 - Left back outside edge
 - Right forward outside three turn
 - Left backward outside edge
 - Step forward to RFO edge
 - Glide on two feet back to centre
 - Left forward outside three turn
 - Right back outside edge
 - Left forward outside three turn
 - Right back outside edge
 - Left forward outside three turn
 - Right back outside edge
 - Step forward to LFO edge
 - Glide on two feet back to centre

A minimum of three, three-turn/back edge sequence per circle must be performed



The average hypothetical score is 4.00. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$$\text{WPI\%} \times 4.00 = \text{Impairment Compensation}$$

$$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$$

Level 5 Figure – Free Skating programme

a) Well balanced free skating programme with emphasis placed on spins, spin combinations, change of foot spins, all single jumps except axle, single jump combinations and footwork.

b) Duration 2 minutes 30 seconds +/- 10 seconds.

c) The programme can contain only Level 1, 2,3,4 and 5 elements and at least 4 of the following Level 5 free skating elements. 8 elements are to be selected by the skater as technical elements to be called and identified on the planned programme sheet. Maximum of 5 single jumps and no more than 2 two jump combinations is permitted as called elements. Jumps, spins and step sequences may be called under ISU rules and use ISU scale of values.

- Single rotation jumps
- Single rotation combination jumps
- Change of foot spins
- Change of position spins

d) The factor for the Programme components score is 2.5.

e) The average hypothetical score is 12.30. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

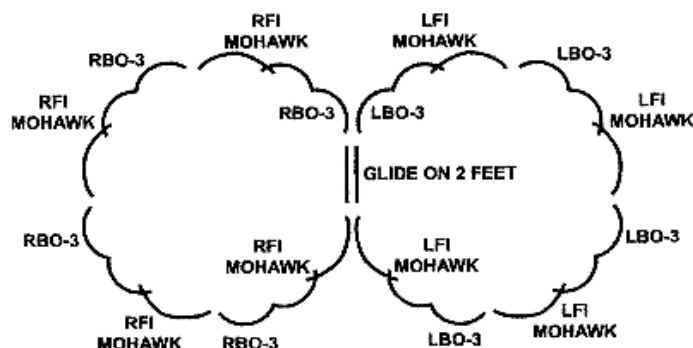
$$\text{WPI\%} \times 12.30 = \text{Impairment Compensation}$$

$$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$$

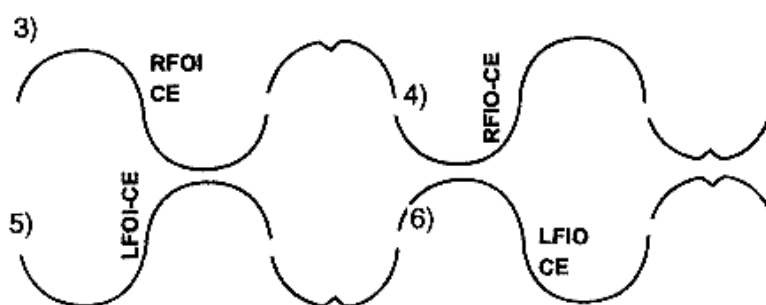
Level 5 Figure – Compulsory Elements Group

The skater has two opportunities to perform the following elements. Skater starts elements at a point designated by the referee and begins elements when so instructed by the referee.

- The following two Elements will be performed in a figure eight pattern. Glide on two feet into left backward outside three turn into left forward inside Mohawk repeat to complete first half of figure eight.
- Glide on two feet into right backward outside three turn into right forward inside Mohawk repeat to complete second half of figure eight.



- The following element will be performed down the length of the rink, in sequence. A maximum of four introductory steps may be used.
Right forward outside to inside change of edge into left forward inside three turn. (See Diagram #3)
Right forward inside to outside change edge into left forward outside three turn. (See Diagram #4)
- The following element will be performed down the length of the rink, in sequence. A maximum of four introductory steps may be used.
Left forward outside to inside change edge into right forward inside three turn. (See Diagram #5)
Left forward inside to outside change edge into right forward outside three turn. (See Diagram #6)



The average hypothetical score is 4.50. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$$\text{WPI\%} \times 4.00 = \text{Impairment Compensation}$$

$$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$$

Level 6 Figure – Free Skating programme

a) Well balanced free skating programme of an advanced nature including axles and multi rotation jumps.

b) Duration 3 minutes +/- 10 seconds

c) The programme can contain Level 1, 2,3,4 and 5 elements and at least 4 of the following free skating elements . No more than 2 two jump combinations are permitted and no element of an identical nature may be repeated. Triple and double jumps can be repeated once in combination. 9 elements are to be selected by the skater as technical elements to be called and identified on the planned programme sheet. Jumps, spins and step sequences may be called under ISU rules and use ISU scale of values. Elements may include:

- Flying spins
- Change of foot spins
- Change of position spins
- Axles
- Double jumps
- Triple jumps
- Combination jumps
- Step sequences

d) The factor for the programme component score is 2.5

e) The average hypothetical score is 15.20. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

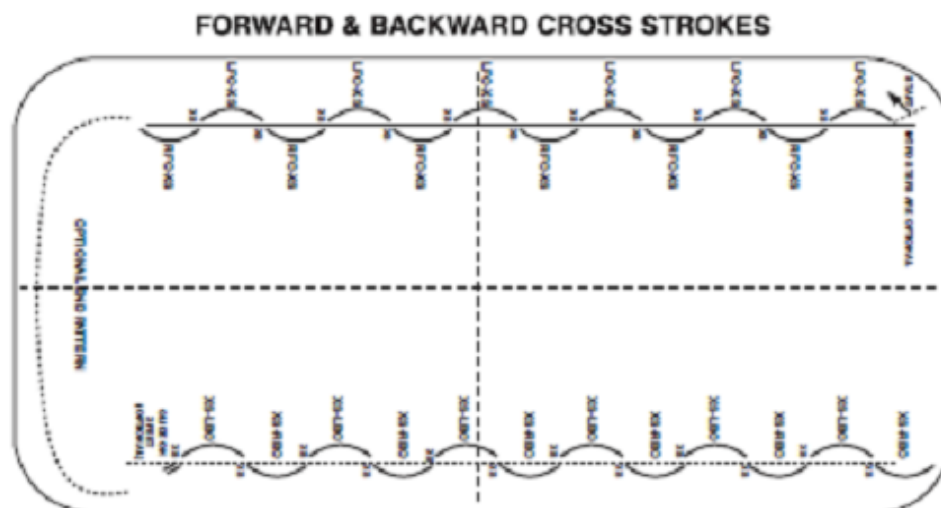
WPI% x 15.20 = Impairment Compensation

Impairment Compensation + IJS Skating Score = Skaters Total Score

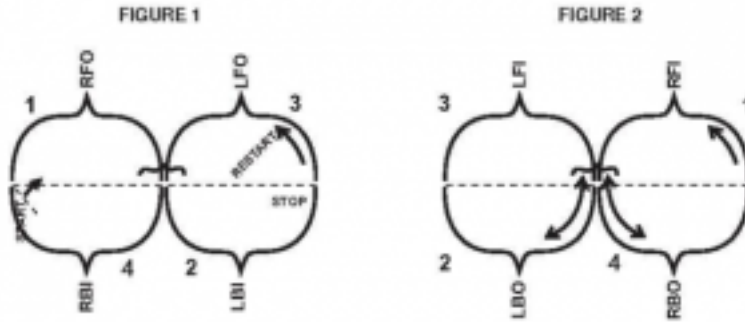
Level 6 Figure – Compulsory Elements Group

The skater has two opportunities to perform the following elements. Skater starts elements at a point designated by the referee and begins elements when so instructed by the referee.

- Forward cross--strokes down the entire length of the rink. Introduction steps are optional at the beginning of the element and an optional end pattern may be used between the forward and backward cross-strokes.
- Backward cross-strokes down the entire length of the rink.



- Beginning at the top of the circle Right forward outside bracket ... At centre of figure eight push backwards into a left backward inside bracket stop (Beginning at the top of the circle and closing up the circle) left forward outside bracket ... at centre push backward into a right back inside bracket stop (closing up circle). See Figure 1
- Beginning at the top of the circle Right forward inside bracket ... At centre of figure eight push backwards into a left backward outside bracket stop (Beginning at the top of the circle and closing up the circle) left forward inside bracket ... at centre push backward into a right back outside bracket stop (closing up circle). See Figure 2



The average hypothetical score is 5.00. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$$\text{WPI\%} \times 5.00 = \text{Impairment Compensation}$$

$$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$$

Level 7 Figure (ISU Junior)

a) Well balanced free skating programme with technical requirements specified for ISU Junior programme and in accordance with current ISU Technical Rules Single and Pair Skating Rules and the respective ISU Communication. All ISU rule amendments and updates applicable to the current season will be deemed to be automatically included. No short programme will be required.

b) No age restrictions apply

c) Duration

Men - 4 minutes +/- 10 sec.

Ladies - 3 minutes 30 seconds +/- 10 sec.

d) The average hypothetical score is 48.00 for Ladies and 58.00 for Men. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$$\text{e.g. WPI\%} \times 48.00 = \text{Impairment Compensation}$$

$$\text{Impairment Compensation} + \text{IJS Skating Score} = \text{Skaters Total Score}$$

Level 8 Figure (ISU Senior)

a) Well balanced free skating programme with technical requirements specified for ISU Senior programme and in accordance with current ISU Technical Rules Single and Pair Skating Rules and the respective ISU Communication. All ISU rule amendments and updates applicable to the current season will be deemed to be automatically included. No short programme will be required.

b) Duration

Men - 4 minutes 30 seconds +/- 10 sec.

Ladies - 4 minutes +/- 10 sec.

c) The average hypothetical score is 55.00 for Ladies and 68.00 for Men. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$$\text{e.g. WPI\%} \times 55.00 = \text{Impairment Compensation}$$

Impairment Compensation + IJS Skating Score = Skaters Total Score

2.4 Technical Details – Solo Dance Events

2.4.1 Technical content

Standard patterns and the official ISU Pattern Dance music will be used. For dances that are not included in the ISU rules, the patterns and music will follow the Special Olympics rules and the patterns and are available on the Special Olympics and the USFS website. See “Evaluation” below.

2.4.2 Impairment Compensation for Calculation of Results

The average hypothetical score is provisionally set for 30.00 and may be adjusted if an alternative score becomes available to take account of the progression in technical ability at each level. Skaters who are classified will have their whole person impairment percentage (WPI%) of the average hypothetical score added to their skating score as follows.

$WPI\% \times 30.00 = \text{Impairment Compensation}$

Impairment Compensation + IJS Skating Score = Skaters Total Score

2.4.3 Dance Events

All Dances will be skated to ISU music.

The dance will commence at the end of the rink designated by the referee.

The introduction may include a maximum of 7 steps.

The events will consist of the following categories:

Level 1 Dance

Canasta Tango, Rhythm Blues

Canasta Tango – 4/4 Tango – 104 beats per minute; two patterns or one time around the ice surface (See Special Olympics Rules 2014 Diagram #2).

Rhythm Blues - 4/4 Blues - 88 beats per minute; 2 patterns or 1 time around the ice surface. (See Special Olympics Rules 2014 Diagram #3)

Eligibility: Skaters competing in Level 1 Ice Dance must have be at Figure Level 2 or level 3 technical level, but no higher.

Level 2 Dance

Swing Dance, Fiesta Tango

Swing Dance – 2/4 Schottische – 96 beats per minute; two patterns or two times around the ice surface (See Diagram #4).

Fiesta Tango - 4/4 Tango - 108 beats per minute; 2 patterns or 1 time around the ice surface. (See Special Olympics Rules 2014 Diagram #6)

Eligibility: Skaters competing in Level 2 Ice Dance must have be at Figure Level 3 or level 4 technical level, but no higher.

Level 3 Dance

Willow Waltz, Ten Fox

Ten Fox – 4/4 Foxtrot – 100 beats per minute; two patterns or one time around the ice surface (See Special Olympics rules 2014 Diagram #8).

Willow Waltz - 3/4 Waltz - 138 beats per minute; 2 patterns or 1 time around the ice surface. (See Special Olympics Rules 2014 Diagram #9)

Eligibility: Skaters competing in Level 3 Ice Dance must have be at Figure Level 4 technical level or higher.

Level 4 Dance

European Waltz, Foxtrot,

European Waltz – Waltz $\frac{3}{4}$; 135 beats per minute: two patterns or one time around the ice surface (See Special Olympics Rules 2014 Diagram # 11)

Foxtrot - Foxtrot 4/4, 100 beats per minute, 2 patterns, or 1 time around the ice surface. (See Special Olympics Rules 2014 Diagram #12)

Eligibility: Skaters competing in Level 4 Ice Dance must have be at Figure Level 4 technical level or higher.

Level 5a Dance

American Waltz, Fourteen Step

Level 5b Dance

Paso Doble , Starlight

Eligibility: Skaters competing in Level 5 Ice Dance must have have acquired skating skills above Figure or Dance Level 4 technical level.

Level 6a Dance

Blues (3 seq), European Waltz (2 seq),

Level 6b Dance

Viennese and Argentine Tango

Eligibility: Skaters competing in Level 6 Ice Dance must have have acquired skating skills above Figure or Dance Level 5 technical level.

2.4.4 Evaluation

Competitors will be judged according to the International Judging System (“IJS”) except that all references to “partner” and “unison” will not apply in solo dances that are unaccompanied. For information on the segments in each dance for Levels 1.2 and 3, consult the USFS pattern dance diagrams with segments and scale of values which will be used unless an alternative score system becomes available prior to the event that takes account of the progression in technical ability. Patterns for these dances are available on the USFSA

website at http://www.usfsa.org/New_Judging.asp?id=356 by clicking on the link [Pattern Dance Diagrams with Sections and SOV Table](#) (2/16/11, PDF)

For all other dances, consult the following: the Scale of Values, and the marking guide for Programme Components, consult the following: [Handbook for Referees and Judges](#); and the [Handbook for Officials – Pattern Dances](#). The result will be determined by the total of the two scores for each pattern dance in the category.

Please also refer to Special Olympics Rules March 2014 for guidance on the Diagrams and timings of the above dances.

http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/SportsRules/FigureSkating_Rules-FINAL-March2014.pdf

2.4.5 Officials

The duties of officials will be determined according to the IJS rules unless amended by the Inclusive Skating Rules of Competition (see below).

2.4.6 Facilitators

Competitors may either skate alone or with a facilitator who will be allowed to dance with and thereby assist the competitor during his or her performance. The facilitator must perform the steps and holds of the partner according to the official dance descriptions. See Evaluation section above. The facilitator will not be judged as a competitor in the event and the facilitator must be an eligible person under ISU rules. See “Facilitators” below for further details.

2.1 Technical Details – Speed Events

2.5.1 Eligibility

Speed skaters will enter races in only one class. The class will be determined by the classifiers and supporting evidence of the impairment should be sent to the event organizer in advance of the event.

2.5.2 Technical Details for IS Events

The races will be run on a time trial basis following ISU long track rules. Pack starts will not be allowed.

The competitor with the fastest time as adjusted by the impairment compensation at each distance will be the winner.

The first three placed skaters in each race will be awarded medals and there will be no overall result calculated.

2.5.3 Safety

All competitors are advised to wear an approved helmet and skate at their own risk.

Crash mats will be used around corners of rink.

2.5.4 Facilitators

Facilitators will be allowed on the ice to provide assistance approved in advance by the classification panel e.g. to act as a guide for the visually impaired, to assist the timing of the start for the hearing impaired. The facilitator must be an eligible person under ISU rules. See “Facilitators” below for further details.

2.5.5 Events

Distances may be adjusted depending on the age and ability of the skater.

RACE 1 500M

RACE 2 1000M**RACE 3 1500 M****2.5.5 Average Hypothetical Scores for Speed Events**

	MEN	WOMEN
500m	47.93	50.27
1000m	1.38.48	1.45.08
1500m	2.34.15	2.41.34
	17-18yrs men	17-18yrs women
500m	48.92	51.82
1000m	1.40	1.46.77
1500m	2.37.34	2.43.86
	15-16yr men	15-16yr women
500m	51.41	54.46
1000m	1.45.78	1.52.20
1500m	2.45.34	2.52.19
	13-14 yr men	13-14 yr women
500m	55.97	59.30
777m	1.29.44	1.34.80
1000m	1.55.16	2.02.15
	11-12 yr boys	11-12 yr girls
222m	27.77	28.32
333m	39.65	40.84
500m	58.05	1.01.49
	10 & under	
222m	29.39	
333m	41.96	
500m	1.02.19	

The Whole person impairment percentage calculation will be adjusted to the time of the average hypothetical skater depending on the age, sex and distance covered by the skater.

3. AGE RESTRICTIONS

ISU age restrictions do NOT apply.

Where numbers permit each level of competition will be distributed in age-groups to achieve an even and fair distribution. Where it is deemed appropriate some age groups may be combined. A skater's age will be determined by the age of the skater on the 1st July 2015.

As a general guide the following age categories apply under Special Olympics rules:

1. 11 years and under
2. 12-15 years
3. 16-21 years
4. 22+ years

As a general guide it is expected that the following age categories may apply in the Speed and other events based on ISU and NISA rules.

1. 10 years and under
2. 11 and 12 years
3. 13 and 14 years
4. 15 and 16 years
5. 17 and 18 years
6. Over 18

4. DIVISIONING

Where numbers permit the skaters may be further split according to age, gender and impairment group for the purposes of the competition and/or the results. This will follow Special Olympics Rules and Procedures. Events may be combined where necessary in the discretion of the organisers. Special Olympics Rules on divisioning are available on the website <http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/2012RulesChange/2012Article1.pdf> as updated by http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/SportsRules/FigureSkating_Rules-FINAL-March2014.pdf

5. SPECIAL OLYMPICS GB

Skaters who are entering the 2015 Special Olympics GB National Figure and Speed Skating Competition must be members of Special Olympics GB by the time of the final closing date. Further information on this can be obtained by contacting Emily Onley at Special Olympics GB on Emily.Onley@sogb.org.uk

Competitors in the Special Olympics GB National Figure Skating Competition must complete both the Compulsory Element Group and the free skating programme at the same level. Special Olympics Rules are available on the website as updated by http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/SportsRules/FigureSkating_Rules-FINAL-March2014.pdf

Speed Events will operate according to ISU Short Track Rules and The Special Olympics Winter Sports Rules for Short Track Speed Skating Version February 2012 as amended in 2014 http://media.specialolympics.org/soi/files/resources/Sports-Rules-Competitions/SportsRules/ShortTrackSpeedSkating_FINAL-March2014.pdf shall apply. No impairment compensation adjustment will be made to the skater's time.

6. NISA INCLUSIVE SKATING CHAMPIONSHIPS

To be eligible to enter the 2015 NISA Inclusive Skating Championships, all skaters must meet the following criteria:

Entry requirements

- Be a British Citizen or Resident in UK continuously for a minimum of 1 year prior to the closing date.
- Be an Eligible or Retained Eligible skater who has completed all appropriate paperwork and is a member of NISA.
- Attain the minimum required standard.
- Meet any age requirements for standard
- Have obtained a full classification assessed under the procedures in the Inclusive Skating Classification Handbook as having an impairment according to the Rondinelli Scale (Guides to the Evaluation of permanent impairment. 6th Edition Ed. Robert D. Rondinelli or any later edition adopted by the NISA). Skaters so assessed will have the whole person impairment

percentage of the relevant hypothetical score added as an impairment compensation to their IJS skating score in order to calculate their final competitive score.

Any skater assessed under the Inclusive Skating Classification Handbook may also have adjustments made to the systems and procedures to facilitate their participation in the competition. Eg facilitator to guide blind skaters on the ice.

The following standard and age requirements are applicable ONLY to the NISA Inclusive Skating Championships. They do not apply and may differ from the requirements for entry into the Special Olympics and inclusive Skating events that are part of the Glasgow 2015 inclusive Skating Events.

STANDARD AND AGE REQUIREMENTS

LEVEL	STANDARD	AGE
BASIC NOVICE	To be achieved during the competition The minimum hypothetical score with the added impairment compensation score and obtained at the level of participation for that impairment as determined by Classification	Ladies – Must not have reached the age of 13 before 1 July 2014 Men – Must not have reached the age of 15 before 1 July 2014
ADVANCED NOVICE	The minimum hypothetical score with the added impairment compensation score and obtained at the level of participation for that impairment as determined by Classification	Ladies – Must not have reached the age of 15 before 1 July 2014 Men – Must not have reached the age of 17 before 1 July 2014
JUNIOR	The minimum hypothetical score with the added impairment compensation score and obtained at the elite level of participation for that impairment as determined by Classification	Ladies – Must not have reached the age of 19 before 1 July 2014 Men – Must not have reached the age of 21 before 1 July 2014
SENIOR	The minimum hypothetical score with the added impairment compensation score and obtained at the elite level of participation for that impairment as determined by Classification	Ladies and Men No age restriction
MASTERS	The minimum hypothetical score with the added impairment compensation score and obtained at the level of participation for that impairment as determined by Classification.	Ladies and Men must have reached the age of 29 before 1 July 2014
	There shall also be an age related compensation added to the minimum hypothetical score. This shall be 1% of the hypothetical score for each year that the skater's age is 30 or more on 1 July 2014. This score shall be added to determine the final result	

Separate Results and Medals will be awarded for Ladies and Men. Technical Levels will be amalgamated in the Free Skating events. Only one set of results will be awarded at each age category. Figure results will be based on Free Skating results only. Entry to Inclusive Skating Events does not automatically entitle skater entry the NISA Inclusive Skating Championship Result.

7. RESPONSIBILITY

In accordance with ISU Regulation, rule 119, all participants act on their own responsibility.

NISA, Sk8 Scotland, Inclusive Skating and the IS Skating Event Organising Committee accepts no liability or responsibility with respect to personal injury or for property loss or damage incurred by competitors, facilitators or officials or other participants in any capacity in connection with the IS Skating Event Glasgow 2015 or any part of the event.

The organiser will seek to provide a system for medical emergency aid during competition.

It is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

8. CLASSIFICATION

This skating event will include skaters with all forms of impairment. This will include visual, hearing, intellectual and biomechanical impairments. The IS [Rules of Competition](#) allow for adjustments to be met to procedures to meet the needs of skaters and make provision for fair competition for skaters with different impairments. Additional needs will be considered as part of the classification procedure.

Classifiers will be present at the Glasgow 2015 event for the purpose of classification. Skaters who have not yet been classified should provide the necessary supporting evidence prior to the Final Closing Date of the competition, 1st March 2015. Preliminary entry forms may be sent in but can be conditional until the necessary supporting evidence of impairment is received. Skaters who wish further advice on classification please contact margarita.inclusiveskating@gmail.com

Classification of skaters will follow the **Inclusive Skating Code of Classification and Inclusive Skating [Classification Handbook](#)** and will be conducted in accordance with the IPC Generic Code on Classification as well as pertinent IPC Rules and Regulations.

Where skaters are fully classified an impairment compensation will be added to their skating score that reflects the specific impairments of the skater.

If skaters meet the minimal criteria for impairment but do not wish to provide sufficient medical evidence of their impairment or are unable to do so the skater will be given a 5% whole person impairment compensation and an impairment result will be calculated accordingly. Such skaters will be given a Review classification status and this will remain in place until the necessary medical evidence is provided to establish a full classification.

The results of the skaters will be calculated according to the combined total of the skater's score and the impairment compensation and medals will be awarded accordingly.

Protests and appeals on Classification shall be governed by the Inclusive Skating Code of Classification and the Classification Handbook. All other protests will be governed by the relevant ISU Rules.

9. DATES

Preliminary Closing Date	1 st February 2015
Final Closing Date	1 st March 2015
Registration	10 th , 11 th April 2015

Draw	By computer random draw and after compulsory elements as appropriate
Classification	10 th , 11 th and 12 th April 2015 and by arrangement at Glasgow venue tbc
Main Competitions	11 th and 12 th April 2015
Harness Event	Time Capsule, Coatbridge date tbc
Speed Event	Auchenharvie, Ayrshire, date tbc

10. ENTRIES

Entries must be on the Official Entry form (see below) and must reach the Organising Committee by

Preliminary Closing Date	1 st February 2015
Final Closing Date	1 st March 2015

Skaters requiring classification for the first time should provide a preliminary entry form as soon as possible as the number of classification places will be limited. The classifiers will start classification in advance of the competition beginning to allow as many skaters as possible to enter the event.

Skaters who have already been classified do not require to be reclassified unless there is a material change in their functioning for ice skating. Records of the whole person impairment from previous classifications are kept.

E-mail entry forms to margarita.inclusiveskating@gmail.com

There is an entry fee of £30 to enter the event that will cover all competitions entered by the skater if the entry form and payment is received by the Preliminary Closing Date of 1st February 2015.

There is an entry fee of £50 to enter the event that will cover all competitions entered by the skater if the entry form and payment is received after the Preliminary Closing Date of 1st February 2015 but before the Final Closing Date of 1st March 2015. Late entries may be considered at the discretion of the organizers.

The entry fee must be paid by bank transfer clearly providing skater's name as a reference, to:

Bank of Scotland, Bearsden Branch, PO Box 1000, BX2 1LB

Sort Code 80-05-57

Account Name: Inclusive Skating

Account Number : 06003867

BIC : BOFSGB21372

IBAN: GB93 BOFS 8005 5706 0038 67

The Organising Committee has limited classification places and will limit the entries accordingly. Entries will generally be accepted on a first come first served basis but the Organising Committee will also seek to ensure that as many countries as possible are represented and that skaters with all forms of impairment and ability are included. The Organising Committee has the discretion to accept or reject any entry without reason assigned.

Entries will only be accepted if the skater has an impairment as provided for in the IS Classification Handbook and provides the necessary supporting evidence. Medical Information should only be sent by a password protected and encrypted system and may be brought to the Classification at the event.

Skaters who have been classified at previous Inclusive Skating Events will not require classification unless there is a material change.

11. CLASSIFIERS, JUDGES AND OFFICIAL OBSERVERS

Classifiers, judges and officials wishing to undertake observation and training for the purposes of inclusive skating development are welcome to attend the event as observers and participate in meetings and training. Those wishing to participate should contact margarita.inclusiveskating@gmail.com If there are sufficient numbers wishing to participate as observers then a seminar may be held immediately before the event.

12. FACILITATORS, FRAMES AND HARNESS

Competitors who wish to use a facilitator should identify the name and purpose of the facilitator in the Entry Form. If the facilitator needs to go on the ice (e.g. for the visually impaired skaters) then this should be specified. The facilitator must be an eligible person under ISU rules and the facilitator's name and eligibility must be stated in the competitors entry form. The facilitator must keep assistance to the minimum necessary. The facilitator may be provided with a microphone to communicate with the referee during the event where necessary. For further details please refer to the [IS Rules](#) on the responsibilities of Officials.

Skaters may also use a support frame to facilitate their performance if authorised by the classification process. Any support frame must be provided by the skater and is used at the skater's own risk. Classification will only authorise the skater's need for a frame and will not consider or approve the design of the frame itself.

Skaters may also use the harness to take part in the Level 1 competition at the Time Capsule Leisure Centre, Coatbridge. Skaters wishing to use this facility should specify this in their Entry Form.

13. COSTUME

Attire must be suitable for athletic performance and ISU rules will apply generally. Skaters are advised that the use of props is not permitted. Competitors who are entering Special Olympics Events should also consider the Special Olympic rules.

It will be mandatory for skaters to wear their skating competition attire and skates during the medal ceremony and Closing Ceremony for the purposes of group photographs. (speed skaters should be without helmet)

NO TRACK SUITS, SWEATSHIRTS, TEESHIRTS, HATS, CAPS OR ANY OTHER CASUAL ATTIRE WILL BE ALLOWED ON THE ROSTRUM.

14. MUSIC

ISU Rule 362/1, 705 .1 and Rule 724 shall apply. Normal speed CD and no rewritable CD.

CD (Compact Discs) format must be handed in at the time of Registration.

Each CD must be properly inserted into a case or CD envelope and clearly show the name of the Skater and Level. Skaters must provide a back-up copy of the music for each programme.

The disc should also show the running time of the music (not the skating time),

The titles, composers and orchestras of the music to be used for the individual programmes, must be listed for each competitor and attached to the official Entry Form for Competitors, or turned in to the Organising Committee at the time of registration.

15. PROGRAMME CONTENT SHEETS

Skaters must provide planned programme content sheets (see below) identifying the elements that they wish to have called and any transitional elements in the free skating programme. Elements should be listed in the order that they are to be performed. The correct abbreviation should be used as in the ISU Scale of Values in ISU Communication 1672 as amended and updated, and as supplemented by the IS Scale of Values.

The Technical Panel will call the element as permitted under the rules for that level and this may be different from the element identified in the programme content sheet provided by the skater.

16. ANTI-DOPING

An anti-doping control will not necessarily be carried out during the competition. However, Competitors are advised that they should always act in accordance with the valid ISU Anti-Doping Code (ISU Communications 1603-1604) and for the non ISU events according to the regulations of [UK Sport](#). For all skaters over 18 years of age, it is a condition of entry to all events and competitions sanctioned by NISA permit, that they are willing to participate in anti-doping at that event. Parents / Guardians of skaters under 18 are required to sign the Parental Consent Form below.

17. ACCOMMODATION AND TRAVEL

Braehead Curling Rink is located within Intu Braehead Shopping Centre close to M8 and Glasgow Airport.

<http://www.curlbraehead.co.uk/rink-details.html>

<http://intu.co.uk/braehead#find-us>

Braehead and local hotels are easily accessible by taxi from Glasgow Airport. Hotels closest to the rink include:

The [Campanile hotel](#) – (0.4 miles) <http://www.campanile.com/en/hotels/campanile-glasgow-airport>

The [Glynhill Hotel](#) – (1.7 miles) <http://www.glynhill.com/>

[Holiday Inn Express Glasgow Airport](#) (2.8 miles) <http://www.expressglasgowairport.co.uk/>

Transport from hotel to the rink has to be organised by the skater.

The Organising Committee does not pay travel or lodging expenses for the skaters.

18. PUBLICITY WAIVER

ISU members, NISA members, skaters and their facilitators, coaches, families, careers and guardians hereby acknowledge and consent to the fact that skater's photos, information and results will be published, and parts of IS Event Glasgow 2015 may be televised for showing on a worldwide basis and/or made available on the Inclusive Skating, NISA and Special Olympics GB website. (Confidential medical information will not be disclosed.) According to the ISU Constitution and General Regulations 2014 as amended and updated skaters their parents/guardians and coaches hereby certify and warrant that the music and choreography presented and used by the Competitors have been fully cleared and authorised for public use and consent to use of his or her name, biography and likeness on or in connection with any

television or radio programme broadcast and re-broadcast throughout the world, motion picture, print media or the advertising and publicising of such programme, without further clearance or payments of any kind on the side of the ISU, NISA and/or the Organising Committee, Inclusive Skating SCIO, Special Olympics GB and the relevant television network or broadcasters being required. At the time of registration at the IS Skating Event Glasgow 2015 the skater and all Team Leaders, or other representatives of the skater, club or ISU Member entering, must present a signed compliance.

19. VIDEO AND PHOTOGRAPHY POLICY

The taking of video and photography within the arena is prohibited. An official photographer may be present at the event. In any event, if parents or guardians wish to video or photograph their own children then they may obtain a video/ photography permit, which will allow them to video/ photograph a named individual(s) from a designated area in the arena. Permission for this may be granted in advance of the event.

20. MEDIA ACCREDITATION

Media accreditation may be applied for. Applicants will be asked to produce a DBS or in Scotland a PVG certificate and/or Press Credentials. Media Accreditation will allow photography but only from a designated area in the arena.

Local and national television and press will be invited.

21. REGISTRATION AND ACCREDITATION

Registration and Accreditation for Skaters, Referees, Judges, Technical Controller, Technical Specialists, Data/Replay Operators, Accredited Coaches, Team Leaders, Team managers and chaperones will take place at the Braehead Curling Ice Rink Reception and will be open from 8:00 hours on Saturday 11th April 2015 and throughout the event. Skaters who are being classified prior to this may be registered during classification.

A maximum of three chaperones/ coaches/ facilitators per skater will be accepted for the accreditation.

22. OFFICIAL DRAW

The Official Draw for compulsory elements will take place in advance of the competition by computer random draw and after the compulsory elements the draw for the free skating will take place at the Braehead Curling Ice Rink in a room and time to be confirmed.

23. OPENING CEREMONY

Opening Ceremony will take place at the Braehead Curling Ice Rink 45 minutes before the beginning of the competition on Saturday 11th April 2015.

24. RESULTS

Results will be posted on the Inclusive Skating website and on a bulletin board at the rink. Results will not normally be announced immediately following each competitive performance.

The first three placed skaters in each inclusive skating event will be awarded medals.

Separate medals for the first three placed skaters and ribbons for 4th to 8th place will be awarded for Special Olympics Events.

25. ORGANISATION

The organisation of the competition is the responsibility of Inclusive Skating, with the support of NISA and it reserves the right to take any measures, in agreement with the Referee as to the running of the event necessary to ensure that the competitions run smoothly.

FOR FURTHER INFORMATION:

**Event Director and
IS Charity Trustee and Chair
Special Olympics Great Britain
Coaching and Competition Advisor**
Margarita Sweeney-Baird
0044 (0)1419429884
margarita.inclusiveskating@gmail.com

**Event Director and
IS Charity Trustee and Secretary**
Alison Sargent
alison.inclusiveskating@gmail.com

ENTRY FORM FOR COMPETITORS

THIS FORM MUST BE RECEIVED BY THE ORGANISERS BY 1st March 2015

E-mail entry forms margarita.inclusiveskating@gmail.com

Please fill in with type or write in Capital letters.

Name of skater	
Address of skater	
E-mail of skater	
Telephone numbers	(h) _____ (m) _____
Date of Birth (dd/mm/yyyy)	
British Citizen (If so, Passport Number and place of Issue required for NISA IS Championship result)	
UK Resident for one year	Yes <input type="checkbox"/> No <input type="checkbox"/>
Sex	
Impairment Category (tick all general categories which apply)	Visual <input type="checkbox"/> Audio <input type="checkbox"/> Intellectual <input type="checkbox"/> Biomechanical <input type="checkbox"/>
Impairment Information (please provide general information here. Please provide detail on additional needs and supporting evidence of impairment in forms provided in the Classification Handbook.)	
Classification of Impairment required?	Yes <input type="checkbox"/> No <input type="checkbox"/> If No, provide date of previous classification.....
Name of Country, membership number and Club	ISU Member Federation and number..... Club.....
Contact Information of ISU member and club	
Chaperone Name	
Facilitator Name	
Assistance Detail	Supporting aid <input type="checkbox"/> Harness <input type="checkbox"/> Frame <input type="checkbox"/> Visual Facilitator <input type="checkbox"/> Additional Requirements
Coach Name	
Inclusive Skating Event(s) Entered	Figure (Comp Elements) Level Figure (Free Prog) Level Ice Dance Event Level Entered Speed.....
Special Olympics Entry	Figure <input type="checkbox"/> Speed <input type="checkbox"/> If skater is entering Special Olympics events please provide

	Special Olympics SAM number
The skater hereby certifies that the above named competitor and their facilitator is a member of the club and is eligible according to ISU Regs 2014, Rule 102 as amended	
I have read and agree to abide by the rules of the event and to observe the rules and directions of Inclusive Skating, the Organisers and the NISA of UK Ltd at all times. I confirm that I am in sufficient health and have no medical condition or otherwise that would impede my ability to compete or be detrimental to any other competitor's ability to compete or cause harm whatsoever to any person. I understand that I participate in this Event at my own risk and that no liability is accepted by Inclusive Skating, the Organisers and or NISA for any death, injury, damage or loss sustained by me during this event except as may be proven to be caused by the negligence of Inclusive Skating, the Organisers and / or NISA. I further confirm that should any loss, injury, death or damage resulting from a negligent act or omission on my part as a result of any false information provided by me to Inclusive Skating, and / or the Organisers, and NISA then I shall fully indemnify Inclusive Skating, the Organisers and NISA for any loss suffered as a result.	
Signature of skater or their Parent/ Guardian if under 18	
Name/ E-mail of Club Official providing confirmation	
Date	

Music Information

All music must be on a CD with the skater's name(s) event and the length of the music (not the skating time) clearly indicated. Tapes will not be accepted.

Music Details:

Music Title:

Composer:

Time: (Mins / Secs)

Free Programme

Music Title:

Composer:

Time: (Mins / Secs)

Interpretation details on Music i.e. Tell us what piece of music you have chosen, where did the music come from, if it is from a soundtrack, where the section of music is taken from in relation to the soundtrack, and what you are interpreting on the ice, including background information regarding the piece of music selected.

Signature: Date:

Anti-Doping.

Parental / Guardian Consent Form For Skaters Under The Age of 18.

Please read the following carefully.

It is NISA's policy that no skater under the age of 18 at the time of anti doping may be tested without written parental / guardian consent.

Anti-Doping Testing Programme - NISA Policy

NISA has determined that anti-doping testing may be carried out at any of the following:

Competition Testing: International events held in the UK, UK Championships, Regional Championships (England/Scotland/Wales/N Ireland), National Competitions

Squad Testing: Team Skate GB

Out-of-Comp Testing: Team Skate GB (Including camps)

Disciplines: Figure, Dance, Synchronized & Short Track Speed skating.

Genders: Male/Female

Age: Not under 18 without written parental/guardian consent except current / past members of Team Skate GB who may be tested.

By signing this form below as Parent or Guardian of the skater(s) entered consent is given for the skater(s) to be tested in accordance with the NISA Anti-Doping Policy above.

Declaration

I / We the Parent(s) / Guardian(s) of the Skater(s) entered for this competition consent to NISA's and Inclusive Skating's Anti-Doping procedures

Skaters Name

Signature of Parent or Guardian

Photography and Videoing Consent.

a. It is understood as a condition of entering this competition that all competitors will be videoed for use by the Technical, Classification & Judging panels.

b. Competitors may also be photographed by the NISA and Inclusive Skating Official Photographer and or filmed by a NISA and Inclusive Skating Camera Men for broadcast on NISA TV and by Inclusive Skating on similar media and broadcast and streamed through the internet. Photographs and Dvd's of the competitions may be offered for sale at the event and NISA and Inclusive Skating reserve the right to publish or broadcast any images obtained in carefully selected and approved media.

If you wish to opt out of your child being photographed and or filmed during the competition (other than for the purpose of the Judging, Classification and Technical panels) please sign the Declaration.

I do **not** consent to my ward being Photographed or Filmed for any other purpose other than the judging, classification and technical panels and Official Events of this event.

Declaration

Skaters Name

Signature of Parent or Guardian

Planned Programme Content

<i>Please fill in with type or write in capital letters</i>
Country/ Club:
Category:
Name of Competitor(s):

ELEMENTS IN ORDER OF SKATING

Skaters and coaches are reminded that the planned elements must be listed in the order to be skated using the correct abbreviation as per the list of elements in the Scale of Values in ISU Communication 1672 or IS Scale of Values. The full name of the element is not needed. E.g. Write "1Lo" for a planned single loop jump. Or "CSSp" for a sit spin with a change of foot. Please list transitional elements at Levels 1 and 2 and add (trans) after the name of the transitional element – this is to ensure that the planned elements can be clearly identified. Timings are not compulsory but are useful at Level 1 and 2 to assist in identifying the called elements.

Time*	Elements FS
	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.
	11.
	12.
	13.

* Time during programme

Date, Signature: _____

List of elements – IS Scale of Values

Element	Abbrev.	Abbreviation without Level	Element Sort.	Type	-3	-2	-1	Base Value	+1	+2	+3
Forward Swizzles	FSw1	FSw	IS001	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Backward Swizzles	BSw1	BSw	IS002	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
One foot snowplow-stop (L or R)	stop	stop	IS003	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward stroking	+ fw to bw	2foot turn FS&FBT	IS004	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Backward stroking	+ bw to fw	2 foot turn BS&BFT	IS005	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Forward stroking + T stop	FS&tstop	FS&tstop	IS006	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Forward Crossovers in figure 8	FX8	FX8	IS007	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork	Forward Outside Edges	sfFO	IS008	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork	Forward Inside Edges	sfFI	IS009	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Forward Outside three turns (L + R)	FO3T	FO3T	IS010	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Forward Inside Mohawk (L + R)	FIM	FIM	IS011	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork	Backward Outside Edges	sfBO	IS012	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork	Backward Inside Edges	sfBI	IS013	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simpler footwork (Mohawk step.seq)	sfm	sfm	IS014	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simpler footwork (Waltz three step.seq)	sfw	sfw	IS015	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork left back	sfLb	sfLb	IS016	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork Right Back	sfRb	sfRb	IS017	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork Right Change	sfrc	sfrc	IS018	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork left change	sfLc	sfLc	IS019	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Forward cross strokes	FXS	FXS	IS020	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Backward cross strokes	BXS	BXS	IS021	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork Outside Bracket	sfob	sfob	IS022	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Simple Footwork Inside Bracket	sfib	sfib	IS023	B	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Forward March or stroking	FS	FS	IS024	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Backward Wiggle or March	BW	BW	IS025	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward 2 foot glide	F2G	F2G	IS026	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Backward 2 foot glide	B2G	B2G	IS027	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward gliding dip	FGd	FGd	IS028	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward Gilde	FG	FG	IS029	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
2 foot jump	2J	2J	IS030	J	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
2 foot edges	F2E	F2E	IS031	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward to Backward Turn	FBT	FBT	IS032	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward Swizzle (1 foot)	FSw2	FSw	IS033	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Backward Swizzle (1 foot)	BSw2	BSw	IS034	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Backward Glide	BG	BG	IS035	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Bunny hop	bh	bh	IS036	J	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
T-stop (L or R)	Tstop	Tstop	IS037	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Hockey stop	Hstop	Hstop	IS038	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Backward stroking	BS	BS	IS039	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward to Backward Turn Gliding	FBTG	FBTG	IS040	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Backward to Forward Turn Gliding	BFTG	BFTG	IS041	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward Pivot	Fp	Fp	IS042	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
2 foot Upright Spin	2footUSp	2footUSp	IS043	O	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward to Backward Turn on Edges	FBTE	FBTE	IS044	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward Inside Three-turn (L + R)	FI3T	FI3T	IS045	J	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward spiral	Fspiral	Fspiral	IS046	U	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward crossovers (L + R)	FX	FX	IS047	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Backward crossovers (L + R)	BX	BX	IS048	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward Lunge or Drag	Fdrag	Fdrag	IS049	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Shoot the duck (at any depth)	Fduck	Fduck	IS050	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Waltz jump	1W	W	IS051	J	-0,3	-0,2	-0,1	0,4	0,2	0,4	0,6
Waltz jump (downgrade)	1W<	W<	IS051	J	-0,3	-0,2	-0,1	0,3	0,2	0,4	0,6
One foot spin	1footUSp	1footUSp	IS052	O	-0,3	-0,2	-0,1	0,6	0,2	0,4	0,6
Simpler footwork (Mohawk step seq.)	Waltz threfef	ste sf	IS053	S	-0,3	-0,2	-0,1	0,5	0,1	0,2	0,3
Backward Spiral	Bspiral	Bspiral	IS054	U	-0,3	-0,2	-0,1	0,5	0,2	0,4	0,6
1/2 rev jump	1H	H	IS057	J	-0,3	-0,2	-0,1	0,4	0,2	0,4	0,6
1/2 rev jump (downgrade)	1H<	H<	IS057	J	-0,3	-0,2	-0,1	0,3	0,2	0,4	0,6
Intermediate position Spin	IPSp	IPSp	IS058	O	-0,6	-0,4	-0,2	0,9	0,3	0,6	0,9
Back one or two foot spin	2footBSp	2footBSp	IS059	O	-0,6	-0,4	-0,2	0,9	0,3	0,6	0,9
Forward 2 foot Swizzle	F2Sw	F2Sw	IS060	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Backward 2 foot Swizzle	B2Sw	B2Sw	IS061	B	-0,3	-0,2	-0,1	0,3	0,1	0,2	0,3
Forward Outside Edge	FOE	FOE	IS062	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3
Forward Inside Edge	FIE	FIE	IS063	B	-0,3	-0,2	-0,1	0,4	0,1	0,2	0,3

Singles Levels 1-6: Deductions/Bonus

Who is Responsible?

	Description	Penalty	Who is Responsible
1.	Time violation	Time violations will not incur any deduction but the skater will be asked to leave the ice after completion of the compulsory elements and allotted time for the free skating programme. A whistle shall be blown 10 seconds after the expiration of the time limit. The judges shall cease judging at the sound of the whistle. No points will be deducted if a skater has not completed the programme provided that the required elements have been included. However, the skater shall be instructed to leave the ice surface 10 seconds after the whistle is blown regardless of whether the programme is finished or not.	
2.	Music violation Programmes may be performed to vocal or instrumental under ISU	Mandatory deduction of 0.50 if the skater does not comply with the current ISU rules.	Deduction will be made by the Judges Panel including the Referee on a majority of votes with no deduction in the case of 50:50 split.

	rules.		
3.	Costume/ prop violations if props are used and/or costume is not appropriate for athletic performance	Mandatory deduction of 0.50	Deduction will be made by the Judges Panel including the Referee on a majority of votes with no deduction in the case of 50:50 split.
4.	Illegal Elements/ Movements – – somersault type jumps; – lifts with wrong holds; – lifts with more than 3 1/2 revolutions of the man; – spinning movements in which the man swings the lady around in the air while holding her hand or foot; – twist- like or rotational movements during which the lady is turned over with her skating foot leaving the ice; – rotational movements with the grip of one of the partners on the leg, arm and neck of the other partner; – jumps of one of the partners towards the other partner; – lying and prolonged and/or stationary kneeling on both knees on the ice at any moment. Remarks: If there is an illegal movement during the execution of any element, the deduction for an illegal movement	Mandatory deduction of 1.00	The Technical Specialist identifies. The Technical Panel decides by the majority of votes. Technical controller deducts.

	will apply and the element will receive Level 1 if the requirements for at least Level 1 are fulfilled. Otherwise the element will be called “No Level”.		
5.	Fall during the programme	Fall during the programme will incur no additional deduction.	The judges will reflect the fall on an element in the GOE or if it occurs between elements in the Performance and Execution Score
6.	Interruption of programme	Interruption of programme will incur no additional deduction	The Referee. The judges will reflect the interruption in the Performance and Execution Score.
7.	Fresh Start	No deduction	The Referee makes the decision and advises the judges as appropriate
8.	Elements not according to requirements or non compliance with Well balanced free skating programme requirements		Computer when used deletes elements according to the rules and at all times Technical Controller/ Technical judge authorises or corrects deletion of elements
9.	Bonus for Distribution of highlights in the second half of the programme	There is no bonus for distribution of highlights in the second half of the programme.	

JUDGING GUIDELINES

Judges are responsible for the assignment of GOEs and PCSs for every competitor.

ISU Communication No. 1672 Amendments to the Scale of Values, Guidelines for marking Grade of Execution and Levels of Difficulty, season 2011-2012 and ISU Communication No. 1611, Scale of Values, Levels of Difficulty and Guidelines for marking of Grade of Execution as amended and updated shall apply subject to any specific amendments contained within these rules.

The following represents guidelines for assigning scores for Inclusive Skating Competitions.

Grades of Execution

The following guides the identification of the “base” GOE. Reductions are applied for specific errors. The appropriate reduction is determined by the ISU reduction chart for single skating (see latest ISU communication for full details) subject to modifications for Levels 1 to 6 contained within these rules.

Element	PLUS 3/ PLUS 2 (Excellent)	PLUS 1 (Good)	BASE/ MINUS 1 (Satisfactory)	MINUS 2 (Needs Improvement)	MINUS 3 (Needs Improvement)
Step Sequence (Circle, Serpentine, Straight line) – Compulsory Elements Group	<ul style="list-style-type: none"> - Excellent flow - exceptional form and positions. - The character of the music captured by the sequence - clean edges in all turns - balance and confidence through all transitions 	<ul style="list-style-type: none"> - Strong flow - strong form and positions. - Some attempt to show character of the music - clean edges in majority of turns - balance through majority of transitions 	<ul style="list-style-type: none"> - adequate flow - some breaks in form. - clean edges in majority of turns – but tend to be flat - a couple balance checks through more difficult sections of the sequence 	<ul style="list-style-type: none"> Minus 1 with one minor error Base with 2 minor errors 	<ul style="list-style-type: none"> Major errors or more than two minor errors
Simple footwork Sequence	<ul style="list-style-type: none"> - Excellent flow - exceptional form and positions. - The character of the music captured by the sequence - balance and confidence through all transitions 	<ul style="list-style-type: none"> - Strong flow - strong form and positions. - Some attempt to show character of the music - balance through majority of transitions 	<ul style="list-style-type: none"> - adequate flow - some breaks in form. - a couple balance checks through more difficult sections of the sequence 	<ul style="list-style-type: none"> Minus 1 with one minor error Base with 2 minor errors 	<ul style="list-style-type: none"> Major errors or more than two minor errors
Spins	<ul style="list-style-type: none"> - seamless entry - fluid rotation - exceptional positions 	<ul style="list-style-type: none"> - smooth entry - sustained rotation - strong positions 	<ul style="list-style-type: none"> - hesitant but controlled entry - stable and sustained rotation 	<ul style="list-style-type: none"> - Off balance entry - rotation speed deteriorates 	<ul style="list-style-type: none"> - awkward entry - very slow rotation
Turns, elements and edges	<ul style="list-style-type: none"> - Seamlessly integrated with sequence - Excellent flow throughout with continuous action - correct execution of turn element or edge - exceptional form and positions. - balance and confidence through all transitions 	<ul style="list-style-type: none"> - confident entrance - Strong flow throughout - correct execution of turn, element or edge - strong form and positions. - balance through majority of transitions 	<ul style="list-style-type: none"> - slight caution on entry - adequate flow throughout majority of movement - correct execution of turn element or edge - some breaks in form. - a couple of balance checks through the transitions 	<ul style="list-style-type: none"> Reduce the grade by “1” for each of the following errors (cumulative): - stop in action or skid in turn, element or edge - one turn or edge is omitted - transition between turn, elements or edges is not according to requirements Reduce the grade by “2” for - Stumble - touch down of free foot or hand(s) th Reduce the grade by “3” for - Fall 	

Programme Component Scores

Programme component scores are awarded: Skating Skills, Performance/ Execution,

Suggested ranges of programme component scores.

Component	0.25 – 0.75	1.00 – 1.75	2.00 – 2.75	3.00 – 3.75	4.00 +
Skating Skills (Edge Quality/ Ice Coverage)	<ul style="list-style-type: none"> - edges lack depth, - erratic flow and glide, - little or no lean, stiff knees - lack of control, toe pushing - no variety of turns - weak ability to maintain speed - weak flow in movement - lack of power 	<ul style="list-style-type: none"> - edges with some depth, - reasonable flow, glide and some lean - some lack of control in turns - basic turns throughout the programme - some ability to maintain speed - reasonable flow in movement - some rough transitions from step to step - some power shown throughout the programme 	<ul style="list-style-type: none"> - edges skated flow, glide and lean - turns are reasonably clean and controlled - some variety of turns throughout the programme - maintains speed - moderate flow in movement - adequate power shown throughout the programme 	<ul style="list-style-type: none"> - strong edges skated with consistent flow, glide and lean - strong execution of turns - appears effortless - interesting variety of turns - demonstrates superior ability to maintain speed - continuous even flow in movement - superior power shown throughout programme 	Beyond highest expectations of Inclusive Skating programme
Performance/ Execution (Ease of Motion/ Posture)	<ul style="list-style-type: none"> - weak positions - use of only one body part e.g. arms - little or no use of personal space, eg. skating upright throughout 	<ul style="list-style-type: none"> - adequate positions - some use of different parts of the body - limited use of "personal" space 	<ul style="list-style-type: none"> - consistent positions - adequate use of arms, legs, head etc. - some variation in use of "personal" space 	<ul style="list-style-type: none"> - distinct positions - well coordinated use of arms, legs, head etc. - strong use of body to display conviction - interesting varied use of "personal" space 	Beyond highest expectations of Inclusive Skating programme
Performance/ Execution (Carriage & Line/ Use of Whole Body)	<ul style="list-style-type: none"> - little or no relation of manner of skating or positions to music and/or theme - weak positions - use of only one body part e.g. arms to express theme - little or no use of personal space, eg. skating upright throughout 	<ul style="list-style-type: none"> - positions and manners of skating generally appropriate to music and theme - adequate positions - some use of different parts of the body to express theme within the programme - limited use of "personal" space 	<ul style="list-style-type: none"> - positions and manner of skating appropriate to music and theme - consistent positions - adequate use of arms, legs, head etc., to express the theme through most of the programme - some variation in use of "personal" space 	<ul style="list-style-type: none"> - positions and manner of skating original and innovative - distinct positions - well coordinated use of arms, legs, head etc. - strong use of body to display conviction - interesting varied use of "personal" space 	Beyond highest expectations of Inclusive Skating programme

Updated Guidelines for marking +GOE of Singles (positive aspects)

For +1 : 2 bullets

For +2 : 4 bullets

For +3 : 6 bullets

Compulsory Elements Group Level 1	<ol style="list-style-type: none"> 1) Good carriage 2) Good speed 3) Precision of swizzles 4) Precision of stop
Compulsory Elements Group Level 2	<ol style="list-style-type: none"> 1) Good carriage 2) Good speed 3) Precision of turns 4) Precision of stop
Compulsory Elements Group Level 3 and above	<ol style="list-style-type: none"> 1) Good carriage 2) Good shape 3) Symmetry 4) Smoothness 5) Control of edges 6) Control of turns
Step sequences, turns, elements, edges and simple footwork	<ol style="list-style-type: none"> 1) good energy and execution 2) good speed or acceleration during sequence 3) good clarity and precision 4) deep clean edges (including entry and exit of all turns) 5) good control and commitment of whole body to accuracy of steps 6) creativity and originality 7) effortless throughout 8) element matched to the musical structure 9) holding positions (3 seconds) 10) Distance (further than the length of the skaters body) 11) good balance/ body control 12) good carriage

Updated Guidelines in establishing GOE for Errors in Compulsory Elements Group and Free Skating Programme

Elements with no value are indicated to the Panel of Judges.

The element will be called if the **GENERAL INTENT OF THE ELEMENT IS CLEAR.**

Errors for which final GOE must be in the minuses	Reduction/ other	Errors for which Final GOE is not restricted	Reduction/ other
Compulsory Elements Group, Elements and Steps			
Fall	-3	Errors and omission of requirements	-1 to -3
Less than half of the pattern doing steps/ turns	-2 to -3	Incorrect pattern	-1 to -2
		Poor quality of steps, turns, positions	-1 to -3
		Unclear steps and movements	-1
		Poor speed and Execution	-1
		Short distance (considerably shorter than the length of the skater's body)	-1
		Poor balance/ body control	-1

FREE SKATING JUDGING GUIDELINES INCLUSIVE SKATING LEVELS 1 TO 6

FREESKATING GUIDANCE ON GOE						
PLUS 3 (Excellent)	PLUS 2 (Very Good)	PLUS 1 (Good)	BASE (Satisfactory)	MINUS 1 (Hesitant)	MINUS 2 (Needs Improvement)	MINUS 3 (Needs Improvement)
<ul style="list-style-type: none"> - Exceptional form and positions. - Excellent flow throughout with continuous action. - Balance and confidence through all of transitions. - the character of the music captured throughout the sequence or element - Seamlessly integrated with sequence. - clean edges in all turns 	<ul style="list-style-type: none"> - Strong flow - Strong form and positions. - Balance and confidence through most of transitions. - the character of the music captured by part of the sequence or element - clean edges in most of turns 	<ul style="list-style-type: none"> - Correct execution of all element or edge. - Good balance through majority of transitions. - Confident entrance - some attempt to show character of the music - clean edges in majority of turns 	<ul style="list-style-type: none"> - Correct execution of majority of element. - Adequate flow throughout majority of movement. - clean edges in some turns 	<ul style="list-style-type: none"> - Some breaks in form. - A couple balance checks through more difficult sections of the sequence or transition. - Slight caution on entry. - turns tend to have flats 	<ul style="list-style-type: none"> - Minus 1 with one minor error. - Base with 2 minor errors. 	<ul style="list-style-type: none"> - Major errors or more than two minor errors.
SPINS						
<ul style="list-style-type: none"> - seamless entry - fluid rotation - exceptional positions 	<ul style="list-style-type: none"> - smooth entry - sustained rotation - strong positions 	<ul style="list-style-type: none"> - stable and sustained rotation 	<ul style="list-style-type: none"> Controlled entry and rotation 	<ul style="list-style-type: none"> Hesitant entry and rotation 	<ul style="list-style-type: none"> - Off balance entry rotation speed deteriorates 	<ul style="list-style-type: none"> - awkward entry - very slow rotation
<p>Increase the grade (positive aspects)</p> <p>+1: 2 bullets +2 : 4 bullets +3 : 6 bullets</p> <ol style="list-style-type: none"> 1) good energy and execution 2) good speed or acceleration during sequence 3) good clarity and precision 4) deep clean edges (including entry and exit of all turns) 5) good control and commitment of whole body to accuracy of steps 6) creativity and originality 7) effortless throughout 8) element matched to the musical structure 9) holding positions (3 seconds) 10) Distance (further than the length of the skaters body) 11) good balance/ body control 12) good carriage 		<p>Reduce the grade by "1" for each of the following errors (cumulative):</p> <ul style="list-style-type: none"> - unclear, poor quality of steps, turns, positions eg. Stop in action or skid in turn, element or edge - part of element is omitted or element is not according to requirements - poor speed and Execution or short distance (considerably shorter than the length of the skater's body) - Poor balance/ body control 			<p>Reduce the grade by "2" for</p> <ul style="list-style-type: none"> - Stumble - touch down of free foot or hand(s) - major omission of requirements <p>Reduce the grade by "3" for</p> <ul style="list-style-type: none"> - Fall - total failure of requirements or element 	