

Free skating programme					Level: 5		
Competition: Inclusive Skating Nordic Championship 2026 - Castor Cup NUS							
First name:	Sandra	Last name:	Hedin	Sex:	Lady		
Age Jan 1st:	16	Age category:	Junior	Country:	Sweden		
Classification:	Physical Independent	Support needed:	Off-ice	Club:	Kalmar KK		
			Technical	Element order Nbr. Elements: 8	Element Called (Y)	Grade of Execution	Mark awarded
Elements Permitted			Official Use Only	Skater to fill in	Official Use Only		
Level 3 and 4							
1/2 revolution jumps (split jump etc.)	0,133						0,000
Waltz jump	0,133						0,000
Single Waltz + Single Toe Loop Combination	0,267						0,000
Single Salchow + Single Toe loop Combination	0,267						0,000
Forward spiral - 5 metres	0,133						0,000
Backward Spiral - length of body	0,133						0,000
Simple footwork for distance of 5m+	0,167						0,000
Field moves (Spirals, lunges etc.) 5m+	0,167						0,000
One foot spin - min 3 revs. and max of 2 positions - no change of foot	0,2						0,000
Upright Back Spin, any entry, 1 or 2 foot	0,3						0,000
Attempt sitspin or camel spin	0,3						0,000
Upright Spin	0,333						0,000
Sitspin	0,367	3		Y	3,75		1,376
Camel Spin	0,367						0,000
Layback Spin	0,4						0,000
Spin Combination with change of pos and no change of foot (two pos incl attempts at sitspin and/or camel spin)	0,5						0,000
Level 5 (at least 4 elements)							
Single Salchow	0,133	2		Y	6		0,798
Single Toe loop	0,133	8		Y	4,2		0,559
Loop	0,167						0,000
Single Flip Jump	0,167	6		Y	3,2		0,534
Single Lutz	0,2						0,000
Single Loop, Flip or Lutz + Single Toe loop combination	0,3	1		Y	5,5		1,650
Single Loop, Flip or Lutz + Single Loop combination	0,35						0,000
Upright Spin, one change of foot, no pos change	0,5						0,000
Sit Spin, one change of foot, no pos change incl. attempts at sitspin (aka intermediate position)	0,533						0,000
Camel Spin, one change of foot, no pos change incl. attempts at camel (aka intermediate position)	0,533						0,000
Layback Spin, one change of foot, no pos change incl. attempts at layback (aka intermediate position)	0,567						0,000
Spin Combination 2 position + one foot change incl. attempts at sit, camel or layback (aka intermediate position)	0,567						0,000
Spin Combination 3 position + no foot change incl. attempts at sit, camel or layback (aka intermediate position)	0,567						0,000
Spin Combination 3 position + one foot change incl. attempts at sit, camel or layback (aka intermediate position)	0,6	5		Y	3		1,800
Step (full length of rink or full circle)	0,5	7		Y	4		2,000
Choreographic Sequences (2 or more field moves, jumps and artistic movements covering full ice)	0,667	4		Y	4,15		2,768
			Number of elements called:		8		
Total Technical Elements			Total judges score for elements:			11,485	
	Factor	WPI	WPI incl age				
Impairment Compensation (20 x WPI)	20,0	5,00%	5,00%		1,000		
Technical Skating Skills (Factor x Score)	2,5				4,65	11,625	
Artistic performance & Execution (Factor x Score)	2,5				5,3	13,250	
Deductions						0,00	
Total Score for Performance						37,36	
Programme duration (min): 2,5			Time Adjusted Championship World Ranking Score			14,94	

Free skating programme					Level: 5		
Competition: Inclusive Skating Nordic Championship 2026 - Castor Cup NUS							
First name:	Vilma	Last name:	Mellegård	Sex:	Lady		
Age Jan 1st:	16	Age category:	Junior	Country:	Sweden		
Classification:	Physical Independent	Support needed:	Off-ice	Club:	Kungsbacka KK		
			Technical	Element order Nbr. Elements: 8	Element Called (Y)	Grade of Execution	Mark awarded
Elements Permitted			Official Use Only	Skater to fill in	Official Use Only		
Level 3 and 4							
1/2 revolution jumps (split jump etc.)	0,133						0,000
Waltz jump	0,133						0,000
Single Waltz + Single Toe Loop Combination	0,267						0,000
Single Salchow + Single Toe loop Combination	0,267	7		Y		3	0,801
Forward spiral - 5 metres	0,133						0,000
Backward Spiral - length of body	0,133						0,000
Simple footwork for distance of 5m+	0,167						0,000
Field moves (Spirals, lunges etc.) 5m+	0,167						0,000
One foot spin - min 3 revs. and max of 2 positions - no change of foot	0,2						0,000
Upright Back Spin, any entry, 1 or 2 foot	0,3						0,000
Attempt sitspin or camel spin	0,3						0,000
Upright Spin	0,333						0,000
Sitspin	0,367						0,000
Camel Spin	0,367						0,000
Layback Spin	0,4	8		Y		5,3	2,120
Spin Combination with change of pos and no change of foot (two pos incl attempts at sitspin and/or camel spin)	0,5	3		Y		6,4	3,200
Level 5 (at least 4 elements)							
Single Salchow	0,133						0,000
Single Toe loop	0,133						0,000
Loop	0,167	1		Y		4	0,668
Single Flip Jump	0,167						0,000
Single Lutz	0,2						0,000
Single Loop, Flip or Lutz + Single Toe loop combination	0,3						0,000
Single Loop, Flip or Lutz + Single Loop combination	0,35	2		Y		3,65	1,278
Upright Spin, one change of foot, no pos change	0,5						0,000
Sit Spin, one change of foot, no pos change incl. attempts at sitspin (aka intermediate position)	0,533						0,000
Camel Spin, one change of foot, no pos change incl. attempts at camel (aka intermediate position)	0,533						0,000
Layback Spin, one change of foot, no pos change incl. attempts at layback (aka intermediate position)	0,567						0,000
Spin Combination 2 position + one foot change incl. attempts at sit, camel or layback (aka intermediate position)	0,567						0,000
Spin Combination 3 position + no foot change incl. attempts at sit, camel or layback (aka intermediate position)	0,567	6		Y		4,2	2,381
Spin Combination 3 position + one foot change incl. attempts at sit, camel or layback (aka intermediate position)	0,6						0,000
Step (full length of rink or full circle)	0,5	4		Y		4	2,000
Choreographic Sequences (2 or more field moves, jumps and artistic movements covering full ice)	0,667	5		Y		5,4	3,602
			Number of elements called:	8			
Total Technical Elements			Total judges score for elements:			16,050	
	Factor	WPI	WPI incl age				
Impairment Compensation (20 x WPI)	20,0	50,00%	50,00%	10,000			
Technical Skating Skills (Factor x Score)	2,5				5	12,500	
Artistic performance & Execution (Factor x Score)	2,5				5,4	13,500	
Deductions						0,00	
Total Score for Performance						52,05	
Programme duration (min): 2,5			Time Adjusted Championship World Ranking Score			20,82	