Based on Technical Handbook 2025, 10t	hed undated 22 10 2024
based on recrimear nandbook 2025, 100	eu. upualeu 22.10.2024

Free sk	ating progra	imme			Level:	1	i C™
Competition:	Scottish Championships 2	2025					
First name:	Lana	Last name:	Mitchell	Mitchell		Lady	
Age Jan 1st:	16	Age category:	Junior	Country:	Scotland	•	SKATING
Classification:	Intellectual Independent	Support needed:	None	Club:			JNAIINU
			Technical	Element order Nbr. Elements: 4	Element Called (Y)	Grade of Execution	Mark awarded
Elements Pe	ermitted		Official Use Only	Skater to fill in		Official Use Only	I
Level 1				•			
Forward march, wiggle or stroking (5 metres)			0.1	3		2.6	0.26
Backward wiggl	e or march (5 metres)		0.1				0.00
Forward swizzle	es 2 foot (aka lemons or fis	nes) (5 metres)	0.1				0.00
Backward swizz	les 2 foot (aka lemons or f	shes) (5 metres)	0.1	2		2.3	0.23
Forward two-foo	ot glide (length of body)		0.1	4		2.7	0.27
Backward two-fe	oot glide (length of body)		0.1				0.00
Forward gliding dip (length of body)		0.1				0.00	
Backward glidin	g dip (length of body)		0.1				0.00
Forward one for	ot glide for length of body (I	. & R)	0.1				0.00
Two-foot jump o	or beginner bunny hop in pla	ace or moving	0.1				0.000
One foot forwar	d snowplow stop (L or R)		0.1				0.00
Forward two foo	ot curves left and right (leng	th of body)	0.1				0.00
Rotate one circl	e or more with marching fe	et in place	0.1	1		2.5	0.250
			Number of	of elements called:	0		-
Total Technic	al Elements				al judges score	e for elements:	1.010
			Factor	WPI	WPI incl age	-	P
	compensation (2,45 x V		2.45	5.00%	5.00%		0.123
Technical Sk	ating Skills (Factor x So	ore)	1.0			0.45	0.450
	rmance & Execution (F	actor x Score)	1.0			0.7	0.700
Deductions							0.00
			Т	otal Score	for Perfe	ormance	2.28
Pro	ogramme duration (min)	1	Time	Adjusted Champi	onship World F	Ranking Score	2.28

Free sk	ating progra	amme			Level:	2	
Competition:	Scottish Championships						
First name:	Heather	Last name:	McNeil		Sex:	Ladv	H
Age Jan 1st:	24	Age category:	Senior	Country:	Scotland	,	INCLUSIVE
Classification:	Intellectual Facilitated	Support needed:		Club:			SKATING
			Technical	Element order Nbr. Elements: 5	Element Called (Y)	Grade of Execution	Mark awarded
Elements Pe	rmittod		Official Use Only	Skater to fill in		Official Use Only	
Level 1	Innitieu		official osc offiy	Skater to fill in		,	
Level 1 Forward swizzles	2 feet (Em)		0.1				0.00
	X- /		0.1				0.000
Backward swizzl	(-)			4		2.0	
0 0	dip (length of body)		0.1	4		3.6	0.360
	dip (length of body)	8 D)	0.1				0.000
	t glide for length of body (I	,	0.1				0.000
	beginner bunny hop in pl	ace or moving	0.1				0.00
	snowplow stop (L or R)	61 1)	0.1				0.000
	urves left and right (length	.,	0.1				0.000
Rotate one circle Level 2	or more with marching fe	et in place	0.1		I	l	0.000
	vard one-foot swizzles (L &	D coch Em)	0.133	1	1		0.00
Consecutive backward one-foot swizzles (L & R each 5 m)			0.133				0.000
Backward one-foot glide (L & R, each length of body)		0.133				0.000	
Bunny Hop	iol glide (L & R, each leng	lin or body)					
, i	L4)		0.133			2.5	0.000
T-stop (left or rig	,		0.133	5		3.5	
	ng for a distance of 5 metr						0.000
v	ding forward to backward		0.133				0.000
	ding backwards to forward	(length of body)		1			0.000
Forward pivot (or	/		0.133	1		3	0.399
	t spin (min 3 revs)		0.133				0.000
	t turn on a circle (c + cc, e	0 0 1/	0.133	0		0.75	0.000
	one foot three-turn (L & R	• • •	0.133	2		2.75	0.366
	vard crossovers (L & R in	/	0.133	3		3.2	0.420
	edge (L & R, edges on a s	,	0.133				0.000
	dge (L & R, edges on a se	,	0.133				0.000
v	or drag (at any depth for le	• • • • • • • • • • • • • • • • • • • •	0.133				0.000
Snoot the Duck (at any depth for length of	boay)	0.133	of elements called	0		0.000
Total Technica	al Flomento		Number c		tal judges score	for elementer	2.017
			Factor	WPI	WPI incl age		2.017
					-		4 - 04
	ompensation (4,25 x V	,	4.25	41.50%	41.50%	1.0	1.764 2.400
	ting Skills (Factor x So	,	1.5	-		1.6	
	mance & Execution (-actor x Score)	1.5			1.85	2.775
Deductions							0.00
			т	otal Score	for Porfe	rmanco	8.96

First name: Ella Age Jan 1st: 15	Championships 20 ual Independent oot swizzles (L & F e-foot swizzles (L & R e-foot swizzles (L & R hree-turn (L & R fo overs (L & R in se R in a semi-circle) any depth for leng ngth of body)	025 Last name: Age category: Support needed: Support needed: R each 5 metres) & R each 5 metres) of body) or 1 metre) mi-circle)	Mungin Junior Technical Official Use Only 0 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	Country: Club: Element order Nbr. Elements: 6 Skater to fill in	Level: Sex: Scotland Element Called (Y)	3 Lady Grade of Execution Official Use Only	Mark awarded
First name: Ella Age Jan 1st: 15 Classification: Intellect Elements Permitted Level 2 Consecutive forward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward pivot (one circle) Forward outside one foot t Consecutive forward cross Forward buside edge (L & Forward linside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive forward outside Consecutive forward outside	ual Independent oot swizzles (L & F s-foot swizzles (L & & R, each length evs) hree-turn (L & R fo sovers (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	Last name: Age category: Support needed: Support needed: R each 5 metres) & R each 5 metres) of body) of body) or 1 metre) emi-circle)	Junior Technical Official Use Only 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	Club: Element order Nbr. Elements: 6 Skater to fill in	Scotland Element Called	Grade of Execution	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Age Jan 1st: 15 Classification: Intellect Elements Permitted Level 2 Consecutive forward one-foct glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward pivot (one circle) Forward outside one foot t Consecutive forward cross Forward subside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe coop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive forward outside	oot swizzles (L & F -foot swizzles (L & & R, each length - 	Age category: Support needed: Support needed: R each 5 metres) & R each 5 metres) of body) or 1 metre) emi-circle)	Junior Technical Official Use Only 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	Club: Element order Nbr. Elements: 6 Skater to fill in	Scotland Element Called	Grade of Execution	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Classification: Intellect Elements Permitted Level 2 Consecutive forward one-formation of the second one foot glide (IB Backward one-foot glide (IB Bunny Hop T-stop (left or right) Forward two-foot spin (3 reforward outside one foot the consecutive forward cross Forward two-foot spin (3 reforward outside edge (L & Forward outside edge (L & Forward cross) Forward Lunge or drag (at F Duck (at any depth for leen the consecutive forward spiral - forward spiral - 5 metres) Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 length or Hockey Stop Five consecutive forward outside	oot swizzles (L & F -foot swizzles (L & & R, each length - 	Support needed: R each 5 metres) & R each 5 metres) of body) or 1 metre) emi-circle)	Junior Technical Official Use Only 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	Club: Element order Nbr. Elements: 6 Skater to fill in	Element Called	Execution	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Elements Permitted Level 2 Consecutive forward one-f Consecutive backward one Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rr Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward outside edge (L & Forward outside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	oot swizzles (L & F -foot swizzles (L & & R, each length - 	R each 5 metres) & R each 5 metres) of body) or 1 metre) emi-circle)	Official Use Only Official Use	Element order Nbr. Elements: 6 Skater to fill in	-	Execution	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Level 2 Consecutive forward one-1 Consecutive backward one Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rd Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward outside edge (L & Forward inside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 ength o Hockey Stop Five consecutive backward Consecutive forward outsid Consecutive forward outsid	e-foot swizzles (L & & R, each length hree-turn (L & R fo overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	3: R each 5 metres) of body) or 1 metre) emi-circle) o)	Official Use Only Official Use	Nbr. Elements: 6 Skater to fill in	-	Execution	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Level 2 Consecutive forward one-1 Consecutive backward one Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rd Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward outside edge (L & Forward inside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 ength o Hockey Stop Five consecutive backward Consecutive forward outsid Consecutive forward outsid	e-foot swizzles (L & & R, each length hree-turn (L & R fo overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	3: R each 5 metres) of body) or 1 metre) emi-circle) o)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133			Official Use Only	0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Consecutive forward one-1 Consecutive backward one Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward outside edge (L & Forward outside edge (L & Forward inside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 ength o Hockey Stop Five consecutive backward Consecutive forward outsid	e-foot swizzles (L & & R, each length hree-turn (L & R fo overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	3: R each 5 metres) of body) or 1 metre) emi-circle) o)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133				0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Consecutive backward one- Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rt Consecutive forward cross Forward outside edge (L & Forward inside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 elegth o Hockey Stop Five consecutive backward Consecutive forward outsid	e-foot swizzles (L & & R, each length hree-turn (L & R fo overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	3: R each 5 metres) of body) or 1 metre) emi-circle) o)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133				0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Consecutive backward one- Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rt Consecutive forward cross Forward outside edge (L & Forward inside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 elegth o Hockey Stop Five consecutive backward Consecutive forward outsid	e-foot swizzles (L & & R, each length hree-turn (L & R fo overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	3: R each 5 metres) of body) or 1 metre) emi-circle) o)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Backward one-foot glide (I Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rr Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	& R, each length evs) hree-turn (L & R fo overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	of body) or 1 metre) emi-circle)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
Bunny Hop T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rr Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 ength of Hockey Stop Five consecutive backward Consecutive forward outsid	evs) hree-turn (L & R fo covers (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	or 1 metre) mi-circle)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000 0.000 0.000 0.000
T-stop (left or right) Forward pivot (one circle) Forward two-foot spin (3 rd Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	hree-turn (L & R fo covers (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	emi-circle)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000 0.000 0.000
Forward pivot (one circle) Forward two-foot spin (3 rd Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward lunge or drag (at Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	hree-turn (L & R fo covers (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	emi-circle)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000 0.000
Forward two-foot spin (3 rr Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - 1 length o Hockey Stop Five consecutive backward Consecutive forward outsid	hree-turn (L & R fo covers (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	emi-circle)	0.133 0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000 0.000
Forward outside one foot t Consecutive forward cross Forward outside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	hree-turn (L & R fo covers (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	emi-circle)	0.133 0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000 0.000
Consecutive forward cross Forward outside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 1 ength o Hockey Stop Five consecutive backward Consecutive forward outsid	overs (L & R in se R in a semi-circle R in a semi-circle) any depth for leng ngth of body)	emi-circle)	0.133 0.133 0.133 0.133 0.133 0.133	2			0.000 0.000 0.000 0.000
Forward outside edge (L & Forward inside edge (L & Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	R in a semi-circle R in a semi-circle) any depth for leng ngth of body))	0.133 0.133 0.133 0.133	2			0.000 0.000 0.000
Forward inside edge (L & I Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsi Consecutive forward untside	R in a semi-circle) any depth for leng ngth of body)	,	0.133 0.133 0.133	2			0.000
Forward Lunge or drag (at F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid	any depth for leng	th of body)	0.133	2			0.000
F Duck (at any depth for le Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length or Hockey Stop Five consecutive backward Consecutive forward outsid Consecutive forward inside	ngth of body)	in or body)	0.133	2			
Level 3 (at least 3 eler Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsid Consecutive forward outsid	<u> </u>			2		<u> </u>	0.000
Waltz Jump Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backward Consecutive forward outsi Consecutive forward outsi	nents)		0 133	2			
Salchow Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backware Consecutive forward outsi Consecutive forward outsi			0.133			0.0	0.070
Toe Loop Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backwar Consecutive forward outsi Consecutive forward inside				3		2.8	0.372
Forward spiral - 5 metres Backward spiral - length o Hockey Stop Five consecutive backwar Consecutive forward outsi Consecutive forward inside			0.133	_	-		0.000
Backward spiral - length o Hockey Stop Five consecutive backwar Consecutive forward outsi Consecutive forward inside			0.133	5		1.6	0.213
Hockey Stop Five consecutive backward Consecutive forward outsi Consecutive forward inside			0.133	4		3	0.399
Five consecutive backward Consecutive forward outsi Consecutive forward inside	body		0.133				0.000
Consecutive forward outsid Consecutive forward inside			0.133	-			0.000
Consecutive forward inside	`	/	0.133	6		2.7	0.359
	e (,	0.133				0.000
Consecutive backward out		,	0.133				0.000
			0.167				0.000
Consecutive backward ins	<u> </u>	,	0.167				0.000
Forward inside one foot the	, ,	•	0.167				0.000
Forward inside Mohawk (L	& R for 1m free le	eg extended)	0.167				0.000
Simple footwork for distan	ce of 5m or more		0.167				0.000
Field moves (spirals, lunge	es etc.) for distance	e of 5+metres	0.167	2		2.5	0.418
One foot Upright spin - mi	nimum of 3 revoluti	ions	0.2	1		1.3	0.260
			Number o	f elements called	: 0		
Total Technical Eleme	nts			To	tal judges score	e for elements:	2.021
			Factor	WPI	WPI incl age		
Impairment Compens			6.0	10.00%	10.00%		0.600
Technical Skating Ski	()	re)	2.0	10.00 /0	10.00 %	1.8	3.600
Artistic performance &		,	2.0			2.1	4.200
Deductions			2.0			2.1	4.200
20000013				- 4-1 0	(P (
Programm			Т	otal Score	for Perfo	Drmance Ranking Score	10.42

Based on Technical Handbook 2025, 10th ed. updated 22.10.2024

Free sk	ating prog	ramme			Level:	3	
Competition:	Scottish Championsh						
First name:	Eilidh	Last name:	Coutts Trotter		Sex:	Lady	
Age Jan 1st:	11	Age category:	Novice	Country:	Scotland		SKATING
Classification:	Unified Classified	Support needed:	None	Club:			DNIIANC
			Technical	Element order Nbr. Elements: 6	Element Called (Y)	Grade of Execution	Mark awarded
Elements Pe	rmitted		Official Use Only	Skater to fill in		Official Use Only	
Level 2							
Consecutive for	ward one-foot swizzles	(L & R each 5 metres)	0.133				0.00
Consecutive bac	kward one-foot swizzle	s (L & R each 5 metres)	0.133				0.00
Backward one-fo	oot glide (L & R, each le	ength of body)	0.133				0.00
Bunny Hop			0.133				0.00
T-stop (left or rig	aht)		0.133				0.00
Forward pivot (o			0.133				0.00
Forward two-foo	,		0.133				0.00
	one foot three-turn (L &	R for 1 metre)	0.133				0.00
	ward crossovers (L & R	,	0.133				0.00
	edge (L & R in a semi-	/	0.133				0.00
	edge (L & R in a semi-ci		0.133				0.00
	or drag (at any depth fo	/	0.133			3.9	0.51
	lepth for length of body		0.133	-		0.0	0.00
	ist 3 elements)		0.100	1			0.00
Waltz Jump	ist o cicilicitis)		0.133	2		3.2	0.42
Salchow			0.133			3	0.39
Toe Loop			0.133			5	0.00
Forward spiral -	5 metres		0.133				0.00
Backward spiral			0.133				0.00
Hockey Stop			0.133				0.00
<u> </u>	e backward crossovers	(I & P)	0.133				0.00
	ward outside edges (L &	. ,	0.133				0.00
	ward buiside edges (L &	/	0.133				0.00
	kward outside edges (L &	/	0.133				0.00
	kward inside edges (L		0.167				0.00
	one foot three turn (L &	/	0.167				0.00
	Nohawk (L & R for 1m f	, .	0.167				0.00
	for distance of 5m or m	<u> </u>	0.167	4		3	0.50
	-					5	
	irals, lunges etc.) for dis t spin - minimum of 3 re		0.167	-		2.3	0.83
One root Opright	spin - minimum or 3 re	volutions	÷	of elements called	0		0.46
Total Teak-	al Elemente		Number o				244
Total Technic	ai ciements		Easta-	WPI	tal judges score	e for elements:	3.140
			Factor	VVPI	WPI incl age		
Impairment C	ompensation (6 x W	/PI)	6.0		5.00%		0.300
Technical Ska	ating Skills (Factor x	Score)	2.0			2.7	5.400
Artistic perfor	rmance & Execution	n (Factor x Score)	2.0			2.2	4.400
Deductions							0.00
			Т	otal Score	for Perfe	ormance	13.24

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	ating progr				Level:	3	ic
Competition:	Scottish Championshi						Ŋ
First name:	Claire	Last name:	Hislop		Sex:	Lady	INCLUSIVE
Age Jan 1st:	25	Age category:	Senior	Country:	Scotland		SKATING
Classification:	Intellectual Independe	nt Support needed:	None	Club:			Simili
			Technical	Element order Nbr. Elements: 6	Element Called (Y)	Grade of Execution	Mark awarded
Elements Pe	rmitted		Official Use Only	Skater to fill in		Official Use Only	
Level 2					-		
Consecutive forv	ward one-foot swizzles (I	& R each 5 metres)	0.133				0.000
	kward one-foot swizzles	, ,	0.133				0.000
	oot glide (L & R, each ler	1 /	0.133				0.000
Bunny Hop	<u> </u>	.9	0.133				0.000
T-stop (left or rig	1ht)		0.133				0.000
Forward pivot (o	, ,		0.133				0.000
Forward two-foo	/		0.133				0.000
	one foot three-turn (L &	R for 1 metre)	0.133				0.000
	ward crossovers (L & R	/	0.133	1		3.1	0.000
	edge (L & R in a semi-c	,	0.133	1		3.1	0.412
			0.133				0.000
	edge (L & R in a semi-cir	,	0.133				
	or drag (at any depth for	length of body)					0.000
	lepth for length of body)		0.133				0.000
	ist 3 elements)			-			
Waltz Jump			0.133	5		2.6	0.346
Salchow			0.133	3		2.3	0.306
Toe Loop			0.133				0.000
Forward spiral -			0.133				0.000
Backward spiral	- length of body		0.133				0.000
Hockey Stop			0.133				0.000
Five consecutive	e backward crossovers (L & R)	0.133				0.000
Consecutive forv	ward outside edges (L &	R on semi-circle)	0.133				0.000
Consecutive forv	ward inside edges (L & F	R on semi-circle)	0.133				0.000
Consecutive bac	kward outside edges (L	& R on semi-circle)	0.167				0.000
Consecutive bac	kward inside edges (L 8	R on semi-circle)	0.167				0.000
Forward inside o	one foot three turn (L & F	R) edges for 1 metre	0.167				0.000
Forward inside M	/lohawk (L & R for 1m fre	ee leg extended)	0.167				0.000
Simple footwork	for distance of 5m or me	ore	0.167	4		3	0.501
Field moves (spi	irals, lunges etc.) for dist	tance of 5+metres	0.167	6		3.2	0.534
One foot Upright	t spin - minimum of 3 rev	volutions	0.2	2		3	0.600
			Number o	of elements called	: 0		
Total Technic	al Elements			To	tal judges score	e for elements:	2.699
			Factor	WPI	WPI incl age		
Impairment C	omponention (C M		6.0	32.00%			1.920
	ompensation (6 x W ating Skills (Factor x	/	2.0		J 32.00%	2.5	1.920
	<u> </u>	/	2.0	-		2.5	5.000 4.800
Artistic perfor	mance & Execution	(Factor x Score)	2.0			2.4	4.800 0.00
Deductions							
	rogramme duration (r			otal Score			14.42

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Free sk	ating progra	mme			Level:	4	Ì C ™
Competition:	Scottish Championships 2	2025					
First name:	Jennifer	Last name:	Gibson		Sex:	Lady	INCLUSIVE
Age Jan 1st:	27	Age category:	Senior	Country:	Scotland		SKATING
Classification:	Intellectual Independent	Support needed:	None	Club:			
			Technical	Element order Nbr. Elements: 7	Element Called (Y)	Grade of Execution	Mark awarded
Elements Pe	rmitted		Official Use Only	Skater to fill in		Official Use Only	
Level 2 and 3							
Bunny Hop			0.133				0.000
Forward pivot (o	ne circle)		0.133				0.00
Forward two-foo	t spin (3 revs)		0.133				0.00
Waltz Jump			0.133	3	Y	2.8	0.37
Salchow			0.133	4	Y	2.5	0.333
Toe Loop			0.133				0.000
Forward spiral -	5 metres		0.133				0.000
Backward spiral	- length of body		0.133				0.000
Hockey Stop	•		0.133				0.000
Five consecutive	e backward crossovers (L &	R)	0.133				0.000
Consecutive for	ward outside edges (L & R o	on semi-circle)	0.133				0.000
Consecutive for	ward inside edges (L & R or	semi-circle)	0.133				0.000
Consecutive bac	kward outside edges (L & F	R on semi-circle)	0.167				0.000
Consecutive bac	kward inside edges (L & R	on semi-circle)	0.167				0.000
Forward inside o	one foot three turn (L & R) e	dges for 1 metre	0.167				0.000
	Nohawk (L & R for 1m free I	•	0.167				0.000
Simple footwork	for distance of 5m or more	· · ·	0.167	2	Y	4	0.668
Field moves cho	reo sequence (spirals, lung	es etc.) for distance of					
5+metres		,	0.167				0.000
One foot Upright	t spin - minimum of 3 revolu	tions	0.2				0.000
Level 4 (at lea	ist 4 elements)						
1/2 revolution jur	mps (split jump etc.)		0.133				0.000
Single Salchow			0.133				0.000
Single Toe loop			0.133				0.000
Loop			0.167	6	Y	2.6	0.434
Single Waltz + S	Single Toe loop Combination	1	0.267				0.000
Single Salchow ·	+ Single Toe loop Combinat	ion	0.267	7	Y	2.75	0.734
	nin 3 revs. and max of 2 po	sitions - no change of					
foot			0.2				0.00
	in - any entry allowed 1 foot	or 2 foot	0.3				0.00
Attempt at sitspi	n or camel spin		0.3				0.00
Upright spin			0.333				0.00
Sitspin			0.367	5	Y	3.9	1.43
Camel Spin			0.367	1	Y	1.5	0.55
Layback Spin			0.4				0.00
	n with change of pos. and n tempts at sitspin and/or can		0.5				0.00
			Number of	of elements called			
Total Technic	al Elements				tal judges score	e for elements:	4.523
			Factor	WPI	WPI incl age		r
Impairment C	ompensation (9,6 x WP	'I)	9.6	23.50%	23.50%		2.256
	ating Skills (Factor x Sco	,	2.5		20.0070	2.65	6.625
	rmance & Execution (Fa		2.5	-		3.45	8.625
Deductions			2.0			1 0.40	0.00
				otal Saara	for Dorf		
				otal Score			22.03
P	rogramme duration (min): 2.25	Time	Adjusted Champ	ionship World F	anking Score	9.79

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Free sk	ating pro	gramme			Level:	7	
Competition:	Scottish Champio	<u> </u>					
First name:	Olivia	Last name:	Rodgers		Sex:	Lady	
Age Jan 1st:	16	Age category:	Junior	Country:	Scotland		SKATING
Classification:		Support needed:		Club:			JNAIINU
			Technical	Element order Nbr. Elements: 9	Element Called (Y)	Grade of Execution	Mark awarde
Elements Pe	ermitted		Official Use Only	Skater to fill in		Official Use Only	
Level 4, 5 and	16		I				
Salchow			0.133				0.0
Toe Loop			0.133				0.0
Single Flip Jump	0		0.167				0.0
Loop			0.167				0.0
Single Lutz			0.2				0.0
single jumps per		as transitional jump (all					0.0
including axle as	tion (all permitted - a s first or second jump ve/ as advised and calcu		0.334	4		5	1.6
3 jump combina jump combinatio	tion (all permitted - a	t least one level 6 jump or					0.0
Upright Spin			0.333				0.0
Sitspin			0.367	2		5.5	2.0
Camel Spin			0.367				0.0
Layback Spin			0.4				0.0
	e change of foot, no	· · ·	0.5				0.0
	ange of foot, no pos	0	0.533				0.0
	e change of foot, no	<u> </u>	0.567				0.0
•	ne change of foot, ne		0.567				0.0
	n, 2 pos, no foot cha	*	0.5				0.0
	on 3 position + no foc on 2 position + one fo		0.567				0.0
•	on 3 position +one fo	· ·	0.555	7		5.7	3.4
Step (full surface		or onlange	0.5			0.1	0.0
	Seq (2 or more field	moves, jumps etc)	0.667	8		5.5	3.6
Level 7 (at lea	ast 4 elements)		•				
Axle			0.367	6	Y	5.3	1.9
Double Salchow	1		0.433	3		5.2	2.2
Double Toe loop			0.433				0.0
Flying spin – (all Technical: Or use a	l permitted) ibove/ as advised + 0.2		0.533				0.0
Double Loop			0.6	5		4.3	2.5
Double Flip			0.633				0.0
Double Lutz			0.7				0.0
Double Axle			1.1				0.0
Triple or Quad (Technical: Use abo	all permitted) ve/ as advised and calcu	late pro rata					0.0
	tion with Euler as tra	nsitional jump (all permitted -					
	ve/ as adviced + 0.17 ad	ded for Euler					0.0
	tion (all permitted - a ve/ as advised and calcu	t least one level 7 jump) late pro rata	0.367	1		1	0.3
	tion (all permitted at ve/ as advised and calcu	least one level 7 jump) late pro rata					0.0
			Number o	f elements called:	1		
Total Technic	al Elements			To	tal judges score	ofor elements:	17.9
			Factor	WPI	WPI incl age		_
Impairment C	ompensation (24	x WPI)	24.0	0.00%	0.00%		0.000
	ating Skills (Facto	/	3.0			5.9	17.700
	- (ion (Factor x Score)	3.0			5.1	15.300
Deductions		· · · ·					0.00
			т	otal Score	for Perfo	ormance	50.92
	Programme duratio			Adjusted Champi			16.97