


Compulsory Figures								Level: 7			
Competition:											
First name:		Last name:		Sex:							
Classification:		Age January 1st:		Age category:		Pre-Novice					
Country:		Club:		Support:							
Elements Permitted		Chose 3 figures to be performed	Technical	Technical value chosen	Circle	Centre	Tracing	Symmetry and Geometry	Cleanness of edge and turns	Ease of movement and Posture	Mark awarded
Level 7, choose 3		Enter Y	Official Use Only								
Skater to fill in											
1.	Forward Outside Eight, repeat 3 times on each foot		1	0							0,000
2.	Forward Inside Eight, repeat 3 times on each foot		1	0							0,000
3.	Back Outside Eight		1,5	0							0,000
4.	Back Inside Eight		1,5	0							0,000
5.	Forward Change of Edge, (Right Foot or Left)		1,5	0							0,000
6.	Backward Change of Edge(Right Foot or Left)		2	0							0,000
7.	Forward One Foot Eight (Right Foot or Left)		2	0							0,000
8.	Backward One Foot Eight (Right Foot or Left)		2,5	0							0,000
9.	Forward Outside Three to Back Inside Three (Right Foot or Left)		2	0							0,000
10.	Forward Inside Three to Back Outside Three (Right Foot or Left)		2	0							0,000
11.	Forward Outside Change of Edge and FI Three to Back Outside Change of Edge and BI Three (Right Foot or Left)		3	0							0,000
12.	Forward Inside Change of Edge and FO Three to Back Inside Change of Edge and BO Three (Right Foot or Left)		3	0							0,000
13.	Backward Outside Change of Edge and BI Three to Forward Outside Change of Edge and FI Three (Right Foot or Left)		3,5	0							0,000
14.	Backward Inside Change of Edge and BO Three to Forward Inside Change of Edge and FO Three (Right Foot or Left)		3,5	0							0,000
15.	Forward Outside Double threes		3,5	0							0,000
16.	Forward Inside Double threes		3,5	0							0,000
17.	Backward Outside Double threes		4	0							0,000
18.	Backward Inside Double threes		4	0							0,000
19.	Right Forward Outside Change of Edge and FI Double Three to Left FI Change of Edge and FO Double Three		4	0							0,000
20.	Left Forward Outside Change of Edge and FI Double Three to Right Inside Change of Edge and FO DoubleThree		4	0							0,000
21.	Right Backward Outside Change of Edge and BI Double Three to Left BI Change of Edge and BO Double Three		5	0							0,000
22.	Left Backward Outside Change of Edge and BI Double Three to Right BI Change of Edge and BO DoubleThree		5	0							0,000
23.	Forward Outside Paragraph Threes (Right Foot or Left)		6	0							0,000
24.	Backward Outside Paragraph Threes (Right Foot or Left)		7	0							0,000

25.	Forward Outside Paragraph Double Threes (Right Foot or Left)		8	0						0,000
26.	Backward Outside Paragraph Double Threes (Right Foot or Left)		9	0						0,000
27.	Forward Outside Brackets (Right Foot or Left)		4	0						0,000
28.	Forward Inside Brackets (Right Foot or Left)		4	0						0,000
29.	Forward Outside Change Brackets (Right Foot or Left)		6	0						0,000
30.	Forward Inside Change Brackets (Right Foot or Left)		6	0						0,000
31.	Forward Outside Paragraph Brackets (Right Foot or Left)		8	0						0,000
32.	Backward Outside Paragraph Brackets (Right Foot or Left)		9	0						0,000
33.	Counters Outside and Inside and Right and Left		6	0						0,000
34.	Rockers Outside and Inside and Right and Left		7	0						0,000
35.	Forward Loops Outside and Inside and Right and Left		4	0						0,000
36.	Backward Loops Outside and Inside and Right and Left		5	0						0,000
37.	Forward Change Loops Outside and Right and Left		6	0						0,000
38.	Backward Change Loops Outside and Right and Left		7	0						0,000
39.	Forward Paragraph Loops		8	0						0,000
40.	Backward Paragraph Loops		9	0						0,000
41.	Threes to a Centre		4	0						0,000
42.	Waltz Eight		3	0						0,000
		Sum chosen technical:		0						
Total Technical Elements		Total judges score for elements								0,000
		Factor	WPI	WPI incl age						
Impairment Compensation (18 x WPI)		18	0,00%	0,00%						
Deductions										0,00
Total Score for Performance										0,00