Compulsory Figures — Level: 7

INCLUSIVE SKATING

Competition:	
Skater:	Sex:	Paralympic Class:
Age January 1st:	Age category: Pre-Novice	Facilitation:
Club:	Country:	Support needed:

Elements Permitted	Chose 3 figures to be performed	IJS Base	Technical	Technical value chosen	Circle	Centre	Tracing	Symmetry and Geometry	Cleanness of edge and turns	Ease of movement and Posture	Mark awarded
	Enter Y				For Official Use Only						
Level 7, choose 3	Skater to fill in										
1. Forward Outside Eight, repeat 3 times on each foot		3	1	0							0,000
2. Forward Inside Eight, repeat 3 times on each foot		3	1	0							0,000
3. Back Outside Eight		4,5	1,5	0							0,000
4. Back Inside Eight		4,5	1,5	0							0,000
5. Forward Change of Edge, (Right Foot or Left)		4,5	1,5	0							0,000
6. Backward Change of Edge(Right Foot or Left)		6	2	0							0,000
7. Forward One Foot Eight (Right Foot or Left)		6	2	0							0,000
8. Backward One Foot Eight (Right Foot or Left)		7,5	2,5	0							0,000
9. Forward Outside Three to Back Inside Three (Right Foot or Left)		6	2	0							0,000
10. Forward Inside Three to Back Outside Three (Right Foot or Left)		6	2	0							0,000
11. Forward Outside Change of Edge and FI Three to Back Outside Change of Edge and BI Three (Right Foot or Left)		9	3	0							0,000
12. Forward Inside Change of Edge and FO Three to Back Inside Change of Edge and BO Three (Right Foot or Left)		9	3	0							0,000
13. Backward Outside Change of Edge and BI Three to Forward Outside Change of Edge and FI Three (Right Foot or Left)		10,5	3,5	0							0,000
14. Backward Inside Change of Edge and BO Three to Forward Inside Change of Edge and FO Three (Right Foot or Left)		10,5	3,5	0							0,000
15. Forward Outside Double threes		10,5	3,5	0							0,000
16. Forward Inside Double threes		10,5	3,5	0							0,000
17. Backward Outside Double threes		12	4	0							0,000
18. Backward Inside Double threes		12	4	0							0,000
19. Right Forward Outside Change of Edge and FI Double Three to Left FI Change of Edge and FO Double Three		12	4	0							0,000
20. Left Forward Outside Change of Edge and FI Double Three to Right Inside Change of Edge and FO DoubleThree		12	4	0							0,000
21. Right Backward Outside Change of Edge and BI Double Three to Left BI Change of Edge and BO Double Three		15	5	0							0,000
22. Left Backward Outside Change of Edge and BI Double Three to Right BI Change of Edge and BO DoubleThree		15	5	0							0,000

23.	Forward Outside Paragraph Threes (Right Foot or Left)		18	6	0							0,000
24.	Backward Outside Paragraph Threes (Right Foot or Left)		21	7	0							0,000
25.	Forward Outside Paragraph Double Threes (Right Foot or Left)		24	8	0							0,000
26.	Backward Outside Paragraph Double Threes (Right Foot or Left)		27	9	0							0,000
27.	Forward Outside Brackets (Right Foot or Left)		12	4	0							0,000
28.	Forward Inside Brackets (Right Foot or Left)		12	4	0							0,000
29.	Forward Outside Change Brackets (Right Foot or Left)		18	6	0							0,000
30.	Forward Inside Change Brackets (Right Foot or Left)		18	6	0							0,000
31.	Forward Outside Paragraph Brackets (Right Foot or Left)		24	8	0							0,000
32.	Backward Outside Paragraph Brackets (Right Foot or Left)		27	9	0							0,000
33.	Counters Outside and Inside and Right and Left		18	6	0							0,000
34.	Rockers Outside and Inside and Right and Left		21	7	0							0,000
35.	Forward Loops Outside and Inside and Right and Left		12	4	0							0,000
36.	Backward Loops Outside and Inside and Right and Left		15	5	0							0,000
37.	Forward Change Loops Outside and Right and Left		18	6	0							0,000
38.	Backward Change Loops Outside and Right and Left		21	7	0							0,000
39.	Forward Paragraph Loops		24	8	0							0,000
40.	Backward Paragraph Loops		27	9	0							0,000
41.	Threes to a Centre		12	4	0							0,000
42.	Waltz Eight		9	3	0							0,000
		Sum chosen technical:		0								
Total Technical Elements								Total judges score for elements				**0,000**

		Factor	**WPI**	**WPI** incl age			
Impairment Compensation (18 x WPI)		18	0,00%	0,00%			**0,000**
Deductions							**0,00**
				Total Score for Performance			**0,00**