



## Skater Profile and Risk Assessment

### Checklist

- This checklist is designed to help you support people for whom you provide skating activities.
- It is intended to help you find out what you need to know about each person to meet their needs and make skating as much fun as possible.
- Although some aspects may be particularly relevant to deaf and disabled people, understanding children and anyone with a vulnerability as individuals is a core part of supporting and coaching any person – disabled or not.
- Engaging children (and their carers) in providing relevant information about them is a person-centred approach.
- While you may need to be aware of some consequences of a child's condition or impairment, simply knowing the 'disability label' will not help you plan to support or include the individual child. Inclusive Skating adopts a functional model so always consider what is the impact of the additional need for skating and their well-being.
- Focus on the person in front of you, and try to understand what you need to in order to help them take part fully. If you aware that a disabled person will attend your club/activity- what do you need to consider in planning ahead (eg relating to the physical environment, or accommodation)? Make sure you consider 'down time' (eg travelling, before during or after the activity, as well as in competition and training).

### Key details

As for any young participant, you will always obtain core details (often through a registration/consent form) which should be uploaded on the Inclusive skating Registration Platform including:

- Full name
- Dob
- Address
- Emergency contacts
- Information about relevant medical conditions/medication
- Parent/carer's consents, etc.

### Additional Information

In addition, explore the following areas with the skater and their parents/carers:

<b>Young Person's Name:</b>	
<b>Your involvement in sport:</b>	
What sports/activities have you taken part in before and to what level?	
Why do you want to join this club/team/activity?	
What do you enjoy most about playing sport, and what do you think you are best at?	
Are there any practical things that have helped you previously take part in sport that would help us support you here? For example adapted equipment, rules or activities, or something else.	
What do we need to understand about your condition to make sure we are able to support you if issues arise while you are taking part, eg linked to levels of mobility, particular hydration requirements, range of movement, fatigue, activity intensity?	
<b>Communication:</b>	
What do you like/prefer to be called?	
What's your first language or preferred communication medium?	
How do you best communicate (and understand others) - particularly in a sports context?	
Are there specific considerations we need to bear in mind to support communication with you, eg avoiding a lot of background noise; making statements short, clear and/or repeated, etc ?	
Is there a need for us to arrange additional support around communicating with you, eg availability of an interpreter?	

## **Individual Profiles**

It may be helpful to develop a profile or passport document for the young person (perhaps with parents/carers) to complete in order to capture some of these details. This has the following benefits by:

- Engaging the child in providing their own version of their interests, strengths and support needs
- Helping shape and collate the information that a coach or club needs, in an appropriate, practical format
- Reducing the likelihood of the child/carers having to repeat all the same details
- Allowing the coach to start to plan the child's involvement
- Encouraging an understanding and appreciation of the child as a whole person, rather than focusing solely on their condition or impairment
- Offering an easy, inclusive way to keep information up to date.