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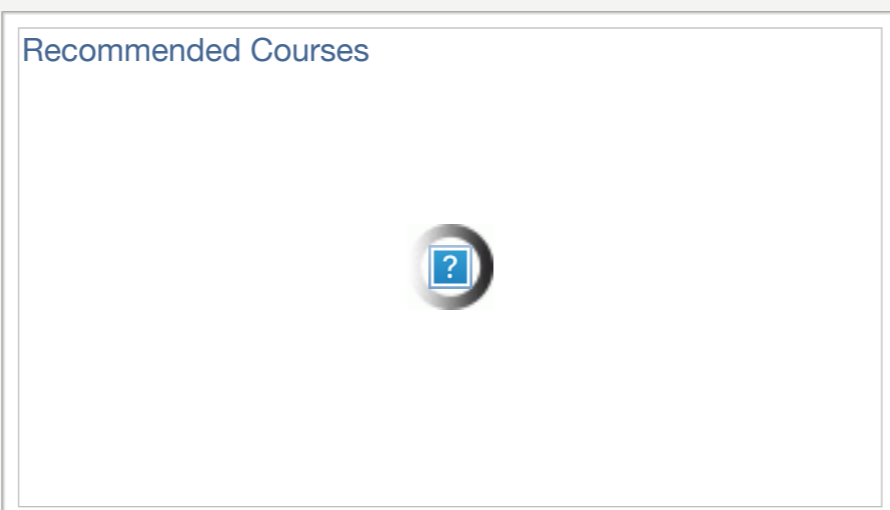
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NISA offers [Educare courses](#) on line that include the protection of vulnerable persons. These courses are recommended for all coaches of IS skaters and IS volunteers. The package may be accessed by coaches directly through the Educare website and each course will provide a number of Coach Licence Points (3 per programme)– on completion of each module certification will be received. The cost of the package for NISA Licensed Coaches is at a reduced cost of £35.00 + VAT (Participants may re-sit any failed module(s) at a cost of £7.50 + VAT) – any coach who may wish to take advantage of this offer may do so at the following link: <http://platinum.educare.co.uk/nisa> or see the attached PDF document.

SPORTSCOACH UK LAUNCH NEW COACHING WEBSITE

SPORTSCOACH UK has launched a new website that has an area dedicated solely to coaches. The For Coaches section has key information on getting started in coaching, CPD/training and a searchable resource bank.

www.sportcoachuk.org/workshops

The following courses are usually run in the evenings, cost approx. £25-30 and NISA will credit you with 5 points for each course attended, but only for a maximum of 2 courses each year. This would be half of the number of points a Level 2 coach needs to accrue in a year.

There are many other courses, all of which offer opportunities to expand our understanding of coaching, in any sport. Whilst many, at first glance, seem unrelated to skating, ideas, attitudes and experiences of other coaches, involved in other sports, can considerably enhance and promote the development of our own thinking and coaching.

Recommended courses:

Equity in your Coaching

Everyone should have access to sport, regardless of gender, age, race, ability, faith or sexual orientation. This workshop will show you the best ways to make this a reality. Your tutor will give you practical advice on how to adapt your existing skills to make your coaching sessions attractive to everyone.

You will learn how to:

identify and deal with any barriers to participation

interpret all the legalities in the right language

develop your existing skills and experience to make your coaching sessions more accessible

How to Coach Disabled People in Sport

Suitable for all coaches, this workshop aims to answer the commonly asked questions about disabled sports participants and it will show you how, with a few minor adjustments to the way you work, you can make your coaching more inclusive and effective.

You will learn how to:

include disabled people in sport

select appropriate coaching activities

make your coaching more inclusive and effective

Inclusive Coaching:Disability

Improve your ability to coach sport for disabled people by becoming a more inclusive coach. Attend this workshop and gain the knowledge and skills that will enhance your current coaching skills so your practice can be more inclusive.

You will:

learn the basic elements of classifications in disability sport

get to grips with participant pathways for disabled participants

gain hands-on experience during the practical which requires the participation of disabled people

Coaching the Whole Child: Positive Development Through Sport

It's Not Just About Winning! Help Children Reach Their Full Potential

Do you coach children up to 12 years of age? This course encourages you to reconsider the emphasis of your coaching and enhance the experience of your young participants in the process. You'll be introduced to the 5Cs of coaching children: Competence, Confidence, Connection, Character and Caring, and Creativity.

You will:

learn the 5Cs of coaching children: Competence, Confidence, Connection, Character and Caring, and Creativity

how to incorporate these 5Cs into your coaching sessions

improve the development of all your young children by offering them an exciting, challenging and well-structured environment in which they can discover all that is good about sport

develop your coaching to incorporate positive youth development into your sessions.

Positive Behaviour Management in Sport

Every group develops different dynamics and every participant is a unique individual – making managing behaviour a challenging hands-on part of your job.

You will:

gain a much better handle on young people's behaviour

discover how your behaviour impacts upon others

learn how to create a positive coaching environment

understand and apply strategies to deal with challenging behaviour

Safeguarding and Protecting Children 2: Reflecting on Practice

In this refresher session, you will consolidate and update everything you learned in the first workshop. You'll have the opportunity to share best practice and learn from each other's experiences to help you create a positive, child-centred sporting environment.

You will:

leave the workshop with the ability to consider situations objectively and deal with them effectively whenever necessary

learn the key codes of conduct principles

learn the 7-step method to make informed and appropriate decisions regarding children's welfare

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