

# SPICE Special People on ICE

We teach children and young adults with additional needs to ice skate in a calm and caring environment.



## Welcome

Following the latest Government guidelines, we are unable to access the ice rink and so there are no SPICE sessions at the moment. This is very upsetting for our members but our coach, Annie has been running a weekly 'off ice' dance and keep fit Zoom session each Sunday to keep us all fit and engaged. We can't wait to return to the ice!

### Welcome

From our first tentative steps on the ice back in 2002, we have been teaching children and young adults with additional needs to ice skate in a calm and caring environment.

Each Sunday throughout the year, our ice skating lessons take place at the 'state of the art' Ice Arena in Slough from 10:00 am to 11:45 am.



SPICE runs several ability groups which allow our members the best opportunity to develop their skating abilities. In addition to regular skating, SPICE has been teaching ice hockey since 2006. We are also very proud of our very own synchronized skating team, TEAM SPICE!

SPICE employs British Ice Skating coaches who all have gained lots of experience in teaching children and young adults with additional needs over the years. With volunteers on hand to support both our newer members and anyone needing a helping hand, membership is always in demand and we are currently running a waiting list.

The Slough Ice Arena is situated in Montem Lane, SL1 2QG. Free parking is available for three hours.



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### Archives

- May 2020
- January 2020
- November 2019
- August 2019
- July 2019
- February 2019
- January 2019
- September 2018
- June 2018
- May 2018
- March 2018
- December 2017
- November 2017
- October 2017
- September 2017
- July 2017
- April 2017
- March 2017
- January 2017
- December 2016
- October 2016
- September 2016
- July 2016
- May 2016
- March 2016
- February 2016
- January 2016
- December 2015

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