

Inclusive Skating Guidance on Technical Elements Calling Procedures

Element	Inclusive	Practical	Grade of	Average/
	Skating	Guideline	Execution	Base GOE
	General		score	
	Principle		range	
All	Element must	50% of the	0.01 -	3.00
	be recognisable	element is	6.00	
	to Technical	performed and		
	Judge	attempts called		
All	Element must	Element is	Increase	4.00
	be recognisable	placed within	GOE	
	to Technical	musical	range by	
	Judge	structure	1.00	
All	Element must	Element is	Increase	5.00
	be recognisable	performed at	GOE	
	to Technical	speed	range by	
	Judge		1.00	
Level 1, 2	Element must	Element	0.01 -	3.00
and BHF	be recognisable	performed on	6.00	
	to Technical	flats and/or two		
	Judge	feet		
Levels 3 and	Element must	Element	1.00 -7.00	4.00
4	be recognisable	performed on		
	to Technical	edges		
	Judge			
Levels 5 and	Element must	Element	2.00 -8.00	5.00
6	be recognisable	performed		
	to Technical	whilst		
	Judge	demonstrating		
		changes of edge		
		and control of		
		rotation		
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Increase GOE range by 1.00 for difficult position, entry or exit providing aesthetic element performed throughout - GOE range increases to 10.00

		Spins			
Spin/ three turn	Entry three turn performed	Spin recognisable but no centre of spin established	0.01-1.00	0.50	
Spin clearly recognisable	1 rotation performed (entry three turn plus ½ rotation)	Centre of spin established	0.01-2.00	1.00	
Spin established	1½ rotations	Spin established	1.00 - 3.00	2.00	
Spin maintained	2 rotations	Spin maintained	2.00 - 4.00	3.00	
Spin sustained	2.5 rotations	Spin sustained	3.00 - 5.00	4.00	
Spin fully established	3.00 or more rotations	Spin fully established + position clear	4.00 – 6.00	5.00	
Spin position	½ rotation	Position identified	GOE reflects Quality of position and the		
Upright spin	Standing leg close to upright	Call Upright spin	number of revolutions in position		
Sitspin	Free foot below standing knee + standing knee bent	Call sit-spin			
Camel Spin	Free foot behind + above standing knee	Call camel spin			
Layback spin	Standing hip moves forward/ side from centre axis	Call layback spin			

Increase GOE range for difficult position, entry, exit, change in speed, direction or edge providing aesthetic controlled spin throughout

Guidance based on Inclusive Skating Technical Handbook 4th Edition