

Off-ice Elements					Level: 2	 INCLUSIVE SKATING	
Competition:	World Inclusive Skating Virtual Championships						
First name:	Lotta	Last name:	Berglund				
Age Jan 1st:	35	Age category:	Senior	Country:	Germany		
Classification:	Physical Independent	Support:		Club:			
<b>Elements Permitted</b>		Technical Official Use Only	Element order Nbr. Elements: 3 Skater to fill in	Element Called (Y)	Grade of Execution Official Use Only	Mark awarded	
<b>Level 1</b>							
Forward swizzles 2 feet (5m)	0.1					0.000	
Backward swizzles 2 feet (5m)	0.1					0.000	
Forward gliding dip (length of body)	0.1					0.000	
Backward gliding dip (length of body)	0.1					0.000	
Forward 1 foot glide for length of body (L & R)	0.1					0.000	
2 foot jump or beginner bunny hop in place or moving	0.1					0.000	
1 foot forward snowplow stop (L or R)	0.1					0.000	
Forward 2 foot curves left and right (length of body)	0.1					0.000	
Two foot turn front to back, on spot	0.1					0.000	
Rotate one circle or more with marching feet in place	0.1					0.000	
<b>Level 2 (at least 2 elements)</b>							
Consecutive forward one-foot swizzles (L & R each 5m)	0.133					0.000	
Consecutive backward one-foot swizzles (L & R each 5 m)	0.133					0.000	
Backward one-foot glide (L & R, each length of body)	0.133					0.000	
Bunny Hop	0.133					0.000	
T-stop (left or right)	0.133					0.000	
Backward stroking for a distance of 5 metres	0.133					0.000	
2 foot turn gliding forward to backward (length of body)	0.133					0.000	
2 foot turn gliding backwards to forward (length of body)	0.133					0.000	
Forward pivot (one circle)	0.133					0.000	
Forward two-foot spin (min 3 revs)	0.133				3	0.399	
Forward 2 foot 3 turn on a circle (c + cc, edges length of body)	0.133					0.000	
Forward outside one foot three-turn (L & R - 1 metre edges)	0.133				3.35	0.446	
Consecutive forward crossovers (L & R in semi-circle)	0.133					0.000	
Forward outside edge (L & R, edges on a semi-circle)	0.133					0.000	
Forward inside edge (L & R, edges on a semi-circle)	0.133					0.000	
Forward Lunge or drag (at any depth for length of body)	0.133				3.5	0.466	
Shoot the Duck (at any depth for length of body)	0.133					0.000	
Number of elements called:				0			
<b>Total Technical Elements</b>		Total judges score for elements				<b>1.311</b>	
		Factor	WPI	WPI incl age			
<b>Impairment Compensation (1,1 x WPI)</b>		1.1	5.00%	5.00%	<b>0.055</b>		
<b>Deductions</b>						<b>0.00</b>	
<b>Total Score for Performance</b>					<b>1.37</b>		